



**OLPH
REDEMPTORISTS**

2465 CROWN STREET
VANCOUVER
B.C. V6R3V9
ESTABLISHED 1923

MASSES & SERVICES

Saturday: 5pm
(Anticipated Mass)
Sunday: 9am, 11am & 5pm
Monday – Wednesday 8am
Thursday Mass/Novena:
8am & 7pm
Friday, Saturday, Holidays: 9am
(Fridays in July & August: 8am)
Reconciliation
Saturday: 4-4:45pm
Adoration
Saturday 9:30-10am
Library Hours
Sunday: 10-10:45am, 4:30-5pm

OFFICE HOURS

Monday-Friday: 9am-4pm

STAFF

Pastor

Babu Mathew, C.Ss.R.

Associate Pastor

Joseph Horo, C.Ss.R.

Office Manager

Virginia Fong

Pastoral Coordinator

Bertilla Watanabe

Bookkeeper

Corinna Siy

Youth Ministry Coordinator

Theresa Barao

OLPH School Principal


Lora Clarke

IN RESIDENCE.

William Comerford, C.Ss.R.

CONTACT

Email: parish.olph@rcav.org
Website: www.olphchurch.ca
Parish Office: 604-224-4344
OLPH School: 604-228-8811
Jr. Kindergarten: 604-221-0002

 olphchurchvancouver



OUR LADY OF PERPETUAL HELP PARISH

August 6, 2017

The Transfiguration of the Lord

Transfiguration: 4 Steps to Hearing God's Voice

By Shane Kapler

You recall Jesus' transfiguration: While Jesus was at prayer on a mountaintop, Peter, James, and John witnessed Him become "more brilliant than the sun." Moses and Elijah appeared to Jesus, and the disciples heard them discussing his "exodus." The scene culminated with a cloud overshadowing the mountain as God the Father proclaimed, "This is my beloved Son, listen to him" (Lk 9:28-35). We all want to hear God's voice the way Peter, James, and John did; and the narrative of Jesus' Transfiguration gives us a blueprint for doing that – a practice known as *lectio divina*, "divine reading."

Step 1 – Get yourself "into position" to hear God

We have it easy compared to the apostles. They had to climb a mountain before they experienced the Transfiguration. For most of us it's just a matter of finding a quiet place in the house or stepping out onto the porch. (Alright, depending on your family, a small hike may be in order.) Consciously place yourself in God's presence by making the Sign of the Cross. Pray the Our Father to ask God for the daily bread of His Word. You need His Word so that His Kingdom may more fully come and His will be more fully done in your life. This bread, like the Eucharist, strengthens us to fight temptation and the evil one (Eph 6:17; Mt 4:3-11). We need the Lord to open the ears of our hearts.

Step 2 – Read his Word

Like Jesus, allow the Father to speak to you through Moses (representing the books of the Law) and Elijah (the prophets). Listen to Jesus himself in the gospels, and the apostles in the epistles. Accept what you read in a spirit of humility, not intellectual pride or skepticism. By all means, use the study notes in your Bible's margin and commentaries to better understand the text; but never allow your heart to question its truthfulness. Jesus is our model. As Dr. Scott Hahn pointed out, "Jesus embodies the response of personal humility that the form of the written Word requires. Hearing the Scriptures as the voice of the Father, he allowed himself to be formed by its message in all aspects of his human life" (Consuming the Word, p.99).

Step 3 – Invite the Spirit to "overshadow" you as you ponder what you have read

This is meditation, Christian meditation. No need to cross your legs or chant "ohm" (although softly reciting ten Hail Marys – a decade of the Rosary – is highly encouraged). Meditation simply means to think things over deeply and prayerfully. Try to get inside the text by asking questions. Interact with it the way Jesus interacted with Moses and Elijah. For example, if you meditate on the Transfiguration, put yourself in St. James' sandals: What would have gone through your head when you saw Jesus' face begin emitting light right there in front of you? When you heard the Father say, "Listen to him," would your mind have turned to the parts of his teaching you had conveniently ignored? Then ask yourself, "What parts of Jesus' teaching have I been ignoring?" If you take seriously what you've read, how should your life change? Ask the Holy Spirit to guide you as you try to think of something concrete that you can begin doing today.

Step 4 – "Listen to him" – resolve to live what you have heard

Voice your thoughts and conclusions to the Lord. Ask him for the grace to live out whatever resolutions you have made. Allow Jesus to accompany you "down the mountain," as you reenter the business of life.

www.catholicexchange.com



The Lord is king, the most high over all the earth. - Psalm 97

NEWS & NOTICES

Project Advance 2017 Update: Our total amount of pledges for Project Advance Appeal is now at \$46,240. We are not far from our half-way mark which is the diocesan target for our parish. Thank you to those who have shared their gifts so generously. Our goal for this year's appeal is \$102,000 so there is still some way to go. Once our diocesan target of \$51,000 has been reached, funds over and above this amount will be rebated to the parish. As you know, the additional funds will go toward the seismic upgrade of the church. If you have not received a Project Advance Appeal form in the mail, please pick up a brochure at the church entrance which you can use to make your donations. You can also make donations at www.rcav.org.

Collection for Wildfire Relief: Archbishop Miller has approved a special collection in response to the BC wildfires. On Aug. 12 and 13, there will be a special collection at all Masses in the Archdiocese of Vancouver. Parishioners can also donate online now by visiting <http://rcav.org/prayer-and-humanitarian-appeals/>

Job Opportunity: Experienced part-time cook at residence for retired religious men and staff. Lunch & Dinner - Fridays, weekends & holidays. Please apply in writing, including at least two references, by August 18 to Oblate House, 1311 The Crescent, Vancouver BC V6H 1T7 Attn: Elizabeth. No phone calls please. Only short-listed candidates will be contacted.

Ecumenical Prayer Service for Unity: 2017 marks two significant international commemorations: the 500th anniversary of the Lutheran Reformation and the 50th anniversary of international Roman Catholic-Lutheran Dialogue. In marking this significant anniversary, Archbishop Michael Miller, CSB and Bishop Greg Mohr, Bishop of the B.C. Synod are coming together for a joint ecumenical prayer service on Sunday, Oct. 1, 2017 at 2:00 pm at St. Clare's Catholic Church, Coquitlam. Reception to follow in the Parish Hall. This prayer service is open to wider participation. <http://rcav.org/event/ecumenical-prayer-service/>

A Lifeline for Marriages: Retrouvaille helps married couples get back to a loving relationship, providing the tools you need to get your marriage back on track. You will rediscover each other and examine your lives together in a new and positive way. This program has helped thousands of couples rekindle romance, reaffirm their commitment, and stay married, regardless of how far apart they may have drifted. For confidential information or to register for the program in the Lower Mainland commencing the weekend of October 20 - 22, 2017, call Marc and Candice at 604-530-6710, email us vancouverbc@retrouvaille.org or visit our website www.retrouvaillevancover.com

Active Listening: Standing on Holy Ground: Have you ever wondered what to say or how to assist those who express their grief, anger, disappointments with life or doubts about their faith? Explore the theological basis and key components for active listening. Br. John Gale, a member of the Christian Brothers is professionally trained in pastoral care and worked with Providence Health Care for nearly ten years. He will facilitate a training session at the upcoming Summer Institute on Saturday, Aug. 26 at Holy Cross Secondary School. To register or for more course offerings, visit www.oc-summer.ca

JULY COLLECTIONS: THANK YOU FOR YOUR GENEROSITY!

	JULY
Regular Sunday Collection	\$36,347.90
Collection for the Needy	\$1,838.00
Pro-Life Collection	\$40.00
Youth Fundraising	\$813.30
Grotto	\$100.00
Parish Mission	\$160.00
Famine Relief	\$900.00

Stewardship Reflection

"And he was transfigured before them; his face shone like the sun and his clothes became white as light." - MATTHEW 17:2

Just as the moon reflects the light of the sun, we should reflect Christ's light to the world. When we receive the Eucharist, the body and blood of Jesus, we are called to be supernatural to reflect His love, mercy and forgiveness to others. When we are grateful for all that God has given us, generosity flows through us because we are made in God's image.

Stewardship Office, Archdiocese of St. Louis

PARISH DIRECTORY

Parish Council

Crystal Lynch
crystallynch2000@gmail.com

Finance Council

Lauri Ann Fenlon
lauri.ann.fenlon@gmail.com

Parish Education Committee

Renee Stafford
pec@olphbc.ca

COORDINATORS

Altar Guild

Bridget Bird 604-228-9180

Altar Servers

Kate Carr 604-730-5640

Catholic Women's League

Lynn MacDonald
bob.lynn.macdonald@gmail.com

Children's Liturgy

Rosanna Falbo 604-253-1412

Craft Group

Doris Rankin 604-224-0876

Development & Peace

William Wingson 778-866-8504

Eucharistic Ministry

Pamela Brammall 604-228-9206

Food Bank

Robyn Sirmul robynsirmul@shaw.ca

Hospitality Ministry

Gerry Macken 604-222-1369

Knights of Columbus

Peter Dodge 604-222-0791

Library

Katherine Hill
kathswim2012@gmail.com

Liturgy of the Hours

Bridget Clark 604-228-8773

Madonna Group

Monica Cheung 604-739-8837

Ministry of the Word

Roger Poirier 604-224-0426

Music Ministry

Catherine Walsh
catherine.organist@gmail.com

Pastoral Care

Mary Thompson 604-263-6008

PREP

Elizabeth Towers 604-440-8809

Project Advance

Bertilla Watanabe 604-224-4344

RCIA

Bertilla Watanabe
bwatanabe@rcav.org

Social Justice/St. Vincent de Paul

Mark Thompson 778-891-6275

Volunteers Coordinator

Lara Garcia Carton
olphchurchvolunteers@gmail.com

Weddings

Fr. Babu Mathew
604-224-4344