



St Theresa of Avila: Mystic and Doctor of the Church

St. Teresa of Ávila is a Carmelite nun, Catholic mystic, and doctor of the Church. She is also the namesake of St. Therese of Lisieux. This extraordinary woman has a beautiful history that we celebrate. Her feast day is on Monday October 15.

Teresa was born Teresa de Cepeda y Ahumada on March 28th, 1515 in Ávila, Spain. She was born to pious Christian parents; her mother was a romantic and her father was a disciplinarian. Growing up, she was intrigued by the lives of saints and martyrs. She was so infatuated with martyrdom that at the age of seven she went to offer her life for Christ. But her uncle found her down the road and brought her back home.

As a teenager, Teresa became rebellious and more concerned with boys than anything else. Her strict father did not like this and sent her to a convent at the age of 16 as an attempt to tame her. Teresa grew to like religious life because it enabled her love for God to flourish. Once of age, Teresa was given the choice of marriage or religious life. She chose to continue living in the Carmelite Convent. While she ran away from her home life, her spiritual life was barren until she arrived at her conversion at age 39. This conversion made her realize the importance of prayer.

She came to realize her fellow sisters were not following the Carmelite spirituality as closely as they should. Teresa developed a desire in her heart to revert Carmel back to its original purpose: to live for God.

Teresa led the difficult task of reforming the Carmelites. From 1562 until her death, Teresa labored, along with her friend, St. John of the Cross, to bring her vision of reform to fruition by establishing seventeen convents and as many men’s cloisters. Her actions were politically divisive and her health suffered as a result of her long labors and the stress of her work.

Together, Teresa and John formed the order of Discalced Carmelites. Ultimately, there was peace between the old order of Carmelites and the new Discalced Carmelite order. Teresa was one of the great mystics of the Catholic faith and her writings describe the ascension of the soul through four stages. Her definition of mental prayer was used in the Catechism of the Catholic Church: “Contemplative prayer in my opinion is nothing else than a close sharing between friends; it means taking time frequently to be alone with him who we know loves us.” Her writings include The Life, The Way of Perfection, The Mansions and The Foundations.

Teresa entered into heaven on October 4th, 1582 and was canonized in 1622. In 1970 she was declared a Doctor of the Church. St. Teresa of Ávila and St. Catherine of Sienna were the first women doctors of the Church.

www.carmelitespiritualcenter.org

PARISH DIRECTORY

Parish Council
Donna Trasolini
trasolini@telus.net
Finance Council
Lauri Ann Fenlon
lauri.ann.fenlon@gmail.com
Parish Education Committee
Maili Wong
pec@olphbc.ca
COORDINATORS
Altar Guild
Bridget Bird 604-228-9180
Altar Servers
Kate Carr 604-730-5640
Catholic Women’s League
Meg Knowling
MKnowling@Outlook.com
Children’s Liturgy
Kathy Mok
communications.olph@rcav.org
Craft Group
Doris Rankin 604-224-0876
Development & Peace
Deirdre Webster 604-736-0714
Eucharistic Ministry
Pamela Brammall 604-228-9206
Food Bank
Robyn Sirmul robynsirmul@shaw.ca
Hospitality Ministry
Gerry Macken 604-222-1369
Knights of Columbus
Peter Dodge 604-649-1111
Library
Katherine Hill
kathswim2012@gmail.com
Liturgy of the Hours
Bridget Clark 604-228-8773
Madonna Group
Monica Cheung 604-739-8837
Ministry of the Word
Roger Poirier 604-224-0426
Music Ministry
Catherine Walsh
catherine.organist@gmail.com
Pastoral Care
Mary Thompson 604-263-6008
PREP
Elizabeth Towers 604-440-8809
Project Advance
Bertilla Watanabe 604-224-4344
RCIA
Bertilla Watanabe
bwatanabe@rcav.org
Social Justice/St. Vincent de Paul
Mark Thompson 778-891-6275
Volunteers Coordinator
Lara Garcia Carton
olphchurchvolunteers@gmail.com
Weddings
Fr. Babu Mathew 604-224-4344



MASSES & SERVICES
Saturday: 5pm
(Anticipated Mass)
Sunday: 9am, 11am & 5pm
Monday – Wednesday 8am
Thursday Mass/Novena:
8am & 7pm
Friday, Saturday, Holidays: 9am
(Fridays in July & August: 8am)
Children’s Mass: 9am 1st
Sunday of the month Oct-June
Children’s Liturgy: 11am
All Sundays except the 1st
Sunday from Sept- June
Reconciliation
Saturday: 4-4:45pm
Adoration
Saturday 9:30-10am
Library Hours
Sunday: 10-10:45am, 4:30-5pm

OFFICE HOURS
Monday-Friday: 9am-4pm
STAFF
Pastor
Babu Mathew, C.Ss.R.
Associate Pastor
Joseph Horo, C.Ss.R.
In Residence
William Comerford, C.Ss.R.

Office Manager
Virginia Fong
Pastoral Coordinator
Bertilla Watanabe
Bookkeeper
Corinna Siy
Youth Ministry Coordinator
Theresa Barao
OLPH School Principal
Lora Clarke
Jr. Kindergarten Director
Maria Cortese

CONTACT
Email: parish.olph@rcav.org
Website: www.olphchurch.ca
Parish Office: 604-224-4344
OLPH School: 604-228-8811
Jr. Kindergarten:
jrkindergarten@olpbc.ca

 Olphchurchvancouver
OLPH Church, 2465 Crown Street, Vancouver BC V6R3V9



OUR LADY OF PERPETUAL HELP PARISH

October 14, 2018 28th Sunday in Ordinary Time

Turning Our Thanksgiving Prayer Into Works of Faith

Dear Parishioners,

I hope you had a wonderful Thanksgiving last weekend. It is at this time of the year that we send out reminder letters to those who have not yet made their Project Advance donations. It is a wonderful way to turn our prayer of Thanksgiving into works of faith. Project Advance was set up in the Archdiocese of Vancouver 38 years ago to carry out the work of evangelizing, educating and building new parishes in our diocese. It also supports a wide variety of programs and services that reach out to the marginalized in our society and the organizations which support them.

Project Advance has also made it possible for us at OLPH Parish to build the North Wing of OLPH School while enabling us to carry out important parish renewal projects over the years. The funds we raise this year will go toward the infrastructure renewal of OLPH Church. As you know, an Infrastructure Renewal Committee is already in place and is meeting to study the medium and long-term potential of our church property. We have engaged Keystone Architecture to create a master site plan.

As with any major construction project, it takes time and careful planning to consider all the options available to us. Your patience and prayerful commitment to on-going financial support are the best things we can ask for at this point. Your contribution to Project Advance will be critical in getting them off the ground.

Let me give you a quick summary of where our Appeal stands currently. The Archdiocesan goal for our parish is \$52,000. Our own parish goal is to double this amount since funds raised beyond the Archdiocesan goal are rebated to the parish. Since our launch in April, we have received \$65,483 in pledges.

The outlook is good since we have reached the diocesan goal. Funds raised henceforward will be coming back to the parish. However, we still have some way to go to meet our own parish goal of \$104,000. Your support is essential to helping us meet this target.

If you have already donated to this year’s Project Advance appeal, my sincere thanks to you for your generosity and witness of good stewardship. If you have not had the chance to do so, I would like to take this opportunity to remind you of the importance of your participation. Our current level of participation is 17.9%. I am positive we can do better. Please remember, no offering is too humble.

Yours in Christ,
Fr. Babu Mathew, CSsR

PRAYER FOR PROJECT ADVANCE 2018

O God, the Father of every gift, all that we are and have comes from your hand. In Jesus Christ, your Son, you have given us the greatest of all gifts. Fill our hearts with his love so that we may be parish communities of faithful, caring people. Grant us the grace to be good stewards who in the name and spirit of Jesus, share our gifts of time, talent and treasure for the building up of your Kingdom in our Archdiocese and throughout the world. May we see Project Advance as our way to live gratefully and give generously for your honour and glory. Through Christ our Lord. Amen.



Fill us with your love, O Lord, that we may rejoice and be glad. – Psalm 90

NEWS & NOTICES

Weekly Collection: Sunday Mass Offering Oct 6 & 7: \$6,553.20. Needs of Canadian Church: \$125. Offering for the Needy: \$20. Initial Offering: \$3. Thank you for your faith-filled generosity.

Project Advance Report: On Sept 30 pledges including recurring donations up to 31 Dec this year were at \$65,483 with participation from 116 donors. We have now exceeded our archdiocesan goal of \$52,000. All funds raised now will be rebated to the parish. Our total goal is \$104,000 which will go toward the Parish infrastructure renewal. Please make a prayerful contribution to Project Advance this year. Thank you for your support.

CWL Meeting: The October Catholic Women’s League general meeting will be held on Wednesday Oct 17 at 7:30pm in the Madonna Room. The main agenda items are the Christmas Fair and the report on funeral receptions.

K of C Meeting: The Knights of Columbus will be meeting at 7:30 Wednesday in the Parish Hall. We invite men and their wives to join us to see if the Knights are right for you. We are a fraternal Catholic group of 2 million men that serve their local parishes. To learn about membership in the Knights of Columbus, visit www.kofc.org/joinus.

PREP Teachers Needed: We are still in need of teachers for PREP to teach Grades 3, 4 and 5. PREP is Catechism for children in non-Catholic schools. If you can help, please contact Elizabeth Towers 604-440-8809.

The Catholic Faith – In Plain English: Learn the teachings and practices of the Catholic Faith in this robust course. This course is suitable for all adult learners including Catholics and non-Catholics. It will be especially useful for anyone who teaches religious education (PREP, RCIA, Catholics Schools), anyone in lay ministry (youth ministry, young adult ministry, prayer group leaders), and anyone seeking deeper answers to their questions. You can attend all sessions or drop in for specific topics as you please; there is no cost or pre-registration required. This course will be taught by Fr. Vincent Hawkswell (retired pastor and former B.C. Catholic editor) and Maureen Creelman. The course runs every Monday from September 24, 2018, to June 3, 2019, at the following two locations: 11am – 1pm at St. Anthony’s Parish in West Vancouver; 7pm – 9pm at the John Paul II Pastoral Centre, Vancouver.

Who Am I?: Join us for a 4-day workshop: Oct. 20-21, 27-28 at John Paul II Pastoral Centre. “Who Am I?” is an experience of self-discovery and development that explores the essential aspects of yourself: *Your self-image; How you are influenced by Others; Your being or Dynamic Inner Core (the focus of the workshop); Your Intellect, Freedom and Will; Your Sensibility (feelings) and Your Body*. To register or for more info, contact Leah Bittante at 604-613-0023.

Rediscover Hope through the Message of Fatima:The Message of Fatima is urgent not only for the wartorn world of 1917 but for today’s world, scourged by terrorism and confounded by relativism. Angie Dee, MA Theology, unpacks the complete message of Fatima beginning with the history which prepared Portugal for the apparitions and their intriguing connection with Islam. We invite you to commemorate the 101st anniversary of Our Lady of Fatima by attending this special presentation. Friday, November 9th at 7pm - 9:30pm at St. Augustine’s Catholic Church Parish Hall. Register online at: <https://eventgrid.com/Events/38707/our-lady-of-fatima> OR contact Clara Lum at 6047364455 or Faithformation@staugustineschurch.ca

Encourage: EnCourage is a support group dedicated to the spiritual needs of parents, siblings, children, relatives, and friends of persons who experience same-sex attraction. Join us for our next meeting on Sunday, Oct. 21, from 2:30 p.m. to 4:30 p.m. If you would like to join EnCourage, please contact Deacon Bruce Fraser at encourage@rcav.org.

Holy Angels Mausolea & Columbaria: Catholic Cemeteries is constructing a new mausolea and columbaria on its sacred grounds at Gardens of Gethsemani. Holy Angels Mausolea & Columbaria will include the addition of full body crypts, granite niches, and glass-fronted niches, providing a bright and reverent space for remembering. Special pre-construction discount available starting Sept. 1. Purchase before Oct. 31 and receive 20% off your purchase. For more info, go to HolyAngelsatGardens.ca.

Stewardship Reflection

“It is easier for a camel to pass through the eye of a needle than for one who is rich to enter the kingdom of God.” –MARK 10:25

Jesus uses tough language that we may not want to hear. But, we are all called to be generous with all our gifts. Not just the ones we pick and choose, but all our gifts: our time in prayer to God, our talent in participating in parish ministries and our treasure supporting our local parish and other charities.

Stewardship Office, Archdiocese of St. Louis

CALENDAR

OCTOBER
12-week Marian Meditations

Missed a few? You can still join us on Thursdays between the Birthday of Mary (Sept 8) and the start of Advent (Dec 2) for a series of Marian Meditations with prayers and music. Thursdays at our parish have been dedicated to devotions to Our Lady of Perpetual Help. This will be another beautiful way to invoke the help of Our Blessed Mother for the spiritual and temporal needs of your family and friends for the coming year. Thursdays 2:30pm-3pm.

K of C Outreach

We are working with our Youth Group to raise funds to support the Kitsilano Shower Program which has served the unhoused in our community since 2003 to provide Showers and Hot Breakfasts every Saturday and clothes, shoes, socks, toiletries, as well as medical and dental attention as needed. We are selling Raffle tickets for \$2 to win various exciting prizes donated by local merchants, but mostly to raise funds to support this worthwhile program.

Becoming Catholic



If you are interested in the Catholic faith or have been away from the Church for some time and would like to come back, join us on Sunday mornings for The Rite of Christian Initiation for Adults (RCIA). It is a beautiful journey of spiritual discovery culminating in Easter celebrations on April 21 next year. If you are already in the faith and know of people who have not discovered Jesus, have missed receiving First Communion and Confirmation, or simply fallen out of the practice of the Faith, extend a personal invitation to them to join us on this spiritual journey. Sundays 9am-10:30am. Application forms available in the church foyer and parish office.

LFA Teacher and Honorary Doctorate Recipient to speak at St Mark’s Breakfast

How are we formed to proclaim the Good News in today’s world?
Sister Marie Zarowny, SSA, is a social justice advocate, educator, and Province Co-Leader for the Sisters of Saint Ann Western Canada region.

For over 40 years, Sr. Marie has been dedicated to fostering opportunities that sustain and deepen the commitment of people engaged in faith-based education and social change. Since their arrival in BC in 1858, the pioneering Sisters of Saint Ann have worked to support education, expand healthcare, provide spiritual accompaniment, and alleviate poverty in Canada and beyond.

Sr. Marie began her teaching career in 1963-1964 at St. Ann’s Academy in Victoria. She subsequently taught at Little Flower Academy in Vancouver, St. Ann’s Academy in New Westminster, and Marian High School in Burnaby. In 1971, she was appointed as principal of Smith Memorial School in Port Alberni, and it was here that she worked closely with the local First Nations band and home-school coordinator to initiate an innovative cultural sensitivity program.

In 1978, with the support of Bishop Remi DeRoo, Sr. Marie started the Social Justice Office of the Roman Catholic Diocese of Victoria, and served as its first coordinator. During those years, she worked in solidarity with First Nations on Vancouver Island for recognition of aboriginal rights.

They established 38 schools and 10 hospitals throughout BC, Alaska, and the Yukon. In 2016, the Sisters of Saint Ann contributed \$3 million to the Colleges to establish the Marie Anne Blondin Chair in Theology. The endowment represents the largest in the Colleges’ history and the largest gift received by a Catholic college in BC. The generous gift from the Sisters supports the Colleges’ mission to educate lifelong learners who are prepared to engage with the intellectual, professional and social challenges of our times.



OLPH & St. Augustine Parishes are having a \$2 Raffle in support of the Kitsilano Shower Program for the unhoused. This program was started by St. Augustine’s and Grace United with Kitsilano War Memorial Community Centre, Westside Anglican Neighbourhood Ministry, City of Vancouver Parks Board and various local merchants and service providers. This worthy program has operated every Saturday since 2003 providing hot breakfasts, access to showers, clean clothes, socks, shoes, toiletries, friendly counselling (without judgement), food, and love.

Through relationship building, the Kits Shower Program has established trust and friendship so the most vulnerable of their guests feel comfortable in asking for help. Over years, many have been placed in affordable modular housing and care facilities.

OLPH Youth are helping to sell tickets to increase awareness that homelessness is always present. A portion of funds raised will go to the youth. Please give generously to this outreach effort. The draw will be held at the OLPH Christmas Fair on Nov 24.



- 1. Reserve your seat.
 - Free event
 - Make a meaningful donation
 - Official tax receipt offered
- 2. Book your table of 10.
 - Sponsor a table \$1,000
 - Invite your guests
 - Portion of your gift will be receiptable according to CRA guidelines
- 3. Impact giving through event sponsorship.
 - \$30,000 – Diamond
 - \$15,000 – Platinum
 - \$10,000 – Gold
 - \$5,000 – Silver
 - \$2,500 – Bronze
- 4. Become a corporate sponsor. Promote your company through various sponsorships while investing in our future leaders.

Date: Sat. November 3, 2018
Time: 9:00 a.m. Registration 9:30 a.m. Breakfast Served
Place: Vancouver College, 5400 Cartier Street, Vancouver (Entrance and Parking at Hudson and 39th)

COMMUNITY

Redemptorist Pilgrimage: May 2-14
As part of our 150th Jubilee Icon of Love celebrations, the Redemptorists all over the world have organized several pilgrimages to visit the actual icon of Our Lady of Perpetual Help, places where St Alphonsus and St Gerard Majella lived and prayed as well as other places of interest in Italy.

There will be 2 information sessions on Sunday Oct 28 after the 9am and 11am Masses. The cost of the trip is \$4800. The early bird rate is \$4600. A deposit of \$500 must be made before Nov 30 for the early bird rate. Full payment is due by Jan 30, 2019. Arrangements can be made for pre-authorized payments as well. For more information about the pilgrimage, please contact Brian or Deon royaleorchid@shaw.ca or call Brian 778-999-4599 / 778-866-8118.



- 12-DAY ITINERARY**
Day 01: May 02 2019 - Canada to Rome / Naples
Day 02 May 03 - Arrive in Rome – Marianella – Naples
Day 03: May 04 - Pompeii – Amalfi Coast
Day 04: May 05 - Excursion to Scala
Day 05: May 06 - Sites of St. Alphonsus and St. Gerard Majella
Day 06: May 07 - Amalfi – Montecassino – Rome
Day 7: May 08 - Papal Audience – Holy Doors of Rome – Relics of Jerusalem
Day 8: May 09 - Rome (Vatican)
Day 9: May 10 - Assisi – Sites of St. Francis and St. Clare
DAY 10: May 11 - Pisa – Padua
DAY 11: May 12 – Venice – St. Mark’s Square - Murano Glass Factory
DAY 12: May 13 – Goodbye Italy