OUR LADY OF PERPETUAL HELP PARISH

August 2, 2020 | **18th Sunday in Ordinary Time**

MASSES & SERVICES

Saturday Anticipated Mass: 5pm
Sunday Masses: 9am, 11am, 5pm

Mon – Wed Masses: 8am
Thurs Mass & OLPH Novena: 8am

Fri, Sat & Holidays: 9am Mass
Fri in July & August: 8am Mass

Reconciliation
By Appointment: Call the Pastor 604-2244344

OFFICE HOURS
Monday-Friday 9am-4pm

CLERGY & STAFF
Pastor
Fr. Babu Mathew, CSsR
Associate Pastor
Fr. Joseph Horo, CSsR

Office Manager
Virginia Fong
Pastoral Coordinator
Bertilla Watanabe
Bookkeeper
Corinna Siy

OLPH School Principal
Lora Clarke
Jr. Kindergarten Director
Maria Cortese

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OLPH School: 604-228-8811
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Olphchurchvancouver

OLPH Church, 2465 Crown Street, Vancouver BC V6R3V9

Pope Invites Young People to Share Some Love

Dear Parishioners,

Last Sunday, Pope Francis invited young people around the world to perform "gestures of tenderness" toward the elderly, as many are forced into isolation because of the Coronavirus. The Vatican's Dicastery for Laity, Family and Life invited young people to do something that shows kindness and affection for older people who may feel lonely.

Our own parish card-making campaign was created with the same thing in mind. The first batch of home-made cards made by children for seniors and the sick will go out next week. I encourage young people to take part in the Pope's campaign as well. The Vatican communique said, "The pandemic has hit the elderly particularly hard and it has disconnected the already weak links between generations. However, respecting social distancing rules does not mean accepting a destiny of loneliness and abandonment."

Since health regulations remain in place in many areas to protect the elderly, the Dicastery urges young Catholics to send a hug to the older people of their parish or neighborhood who may be experiencing loneliness. They can do so by phone, video call, or by sending an image. "Wherever possible – or whenever the health emergency will allow it – we invite young people to make the embrace even more concrete by visiting elderly in person."

Young people can share their outreach efforts on social media by including #sendyourhug in the post. The best posts will be shared on the social media accounts of the Dicastery for Laity, Family and Life @laityfamilylife.

If you would like to share a short video clip with us which we can email to all parishioners so that they can share it with their elder loved ones, please feel free to send one in. Let us remember to keep the sick and elderly in our daily prayers.

Yours in Christ,
Fr. Babu Mathew, CSsR

Children Send Their Love with Handcrafted Cards

Young people of our parish sent us some beautiful handcrafted cards with flowers, hearts and touching messages that they had written. Some of them had verses from Scripture, others were cheerful inspirational messages. Thank you children for your heartwarming messages expressed with so much creativity! The cards will be sent out to the sick and elderly next week.

SIGN UP FOR MASSES

Sign up for Masses is restricted to 50 OLPH parishioners. A few slots are set aside each week for the pastor and helpers. Please note that if you are not able to get a slot, Masses are available online. The faithful are dispensed from attending Sunday Mass if these options are unavailable to them. Please sign up using the link below to participate at Mass this weekend. (Please control click)

Weekend Mass Signup Aug 1 & 2:
https://www.signupgenius.com/go/8050B4BAFAA2DA1FB6-olph19

Weekday Mass Signup July Aug 3 - 8:
https://www.signupgenius.com/go/8050B4BAFAA2DA1FB6-olph20

Please understand that anyone attending Mass does so at their own risk.
The following must stay home for the sake of the wider community:
i. People with COVID-19 or who live with someone with COVID-19.
ii. People who have been exposed to someone with COVID-19.
iii. Those who have recently travelled outside of Canada.
The following are encouraged to stay home:
i. The sick, including those with even the slightest symptoms of the cold or flu.
ii. People who live with someone with upper respiratory or flu-like symptoms.
iii. People, especially the elderly, with underlying or compromised health conditions.
iv. Family members who live with elderly people or those who are at risk.

You open your hand to feed us, Lord, and satisfy our needs. – Psalm 145