



## OUR LADY OF PERPETUAL HELP PARISH

### MASSES & SERVICES

**Saturday Anticipated Mass:** 5pm  
**Sunday Masses:** 9am, 11am, 5pm

**Mon – Wed Masses:** 8am  
**Thurs Mass & OLPH Novena:**  
8am

**Fri, Sat & Holidays:** 9am Mass  
**Fri in July & August:** 8am Mass

**Reconciliation**  
By Appointment: Call the Pastor  
604-2244344

**OFFICE HOURS**  
Monday-Friday 9am-4pm

**CLERGY & STAFF**  
**Pastor**  
Fr. Babu Mathew, CSsR  
**Associate Pastor**  
Fr. Joseph Horo, CSsR

**Office Manager**  
Virginia Fong  
**Pastoral Coordinator**  
Bertilla Watanabe  
**Bookkeeper**  
Corinna Siy

**OLPH School Principal**  
Lora Clarke  
**Jr. Kindergarten Director**  
Maria Cortese

**CONTACT**  
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OLPH School: 604-228-8811  
Jr. Kindergarten:  
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November 22, 2020

Our Lord Jesus Christ, King of the Universe

### Keeping Christ At the Centre of Our Lives

**Dear Parishioners,**

The feast of Christ the King marks the end of the liturgical year. It is a powerful reminder of the need for us to keep Jesus Christ our King at the centre of our lives every day of the year. With the start of Advent next Sunday, we look forward to the beginning of the new liturgical calendar and our preparation for Christmas. Please check the news and notices below for information about how we can grow closer to our Lord at this time.

With the help of our Blessed Mother, let us pray that our hearts and minds may stay focused on Jesus Christ, our Lord and King every day.

Yours in Christ,  
**Fr. Babu Mathew, CSsR**

### The Significance of Feast of Christ the King

Pope Pius XI instituted this feast in 1925 with his encyclical Quas Primas to respond to nationalism and secularism. He recognized that these related societal ills would breed increasing hostility against the Church. His encyclical reminds the faithful that while governments and philosophies come and go, Christ reigns as king forever.

#### The Kingdom is Holistic

*The kingdom, already present and growing in our midst, engages us at every level of our being and reminds us of the principle of discernment which Pope Paul VI applied to true development: it must be directed to 'all men and the whole man'. – Pope Francis, Evangelii gaudium, 181*

Secularism divides our public selves from our private selves. When governments limit the rights of religious ministries, secularists claim that religious freedom is not harmed because we still have freedom of worship – we are free in private but not in public. But the kingdom of God calls us to a whole life of worship and service in the public square. We cannot worship on Sunday and then deny Christ's teaching in the way we run our ministries throughout the week.

#### The Kingdom Demands Discipleship

*Jesus is the center of creation; and so the attitude demanded of us as true believers is that of recognizing and accepting in our lives the centrality of Jesus Christ, in our thoughts, in our words and in our works. – Homily of Pope Francis, Solemnity of Christ the King, Nov 24, 2013*

We must work every day, with the help of the Holy Spirit, to draw closer to Jesus. In our own increasingly "post-Christian" society, we cannot be complacent in our spiritual lives. To acknowledge the kingship of Christ means that we should dedicate ourselves to prayer, to building up our families and our parish communities, and to bringing healing to a broken world.

#### The Kingdom is Humble

Jesus inaugurates a kingdom that grows through humble acts of service. Even as her freedom to carry out her ministries is threatened, the Church must patiently continue to serve the poor, educate the young, welcome the migrant, visit the prisoner, heal the sick, bury the dead, and love others.

*The kingdoms of this world at times are sustained by arrogance, rivalries and oppression; the reign of Christ is a 'kingdom of justice, love and peace.' For a Christian, speaking of power and strength means referring to the power of the Cross, and the strength of Jesus' love: a love which remains steadfast and complete, even when faced with rejection, and it is shown as the fulfillment of a life expended in the total surrender of oneself for the benefit of humanity. – Angelus Address of Pope Francis, Solemnity of Christ the King, Nov 22, 2015*

[www.usccb.org](http://www.usccb.org)

### SIGN UP FOR MASSES

Sign up for Masses is restricted to 50 OLPH parishioners including the pastor and helpers. Please note that if you are not able to reserve a spot, Masses are available online. The faithful are dispensed from attending Sunday Mass if these options are unavailable to them. Despite all precautions being taken, please note that anyone attending Mass does so at their own risk. Please sign up using the link below.

**If you're unable to attend Mass after signing up, please go back to this link to remove your name so that someone else can take that slot.**

**Weekend Mass Signup Nov 21 & 22:**  
<https://www.signupgenius.com/go/8050B4BAFAA2DA1FB6-olph51>  
**Weekday Mass Signup Nov 23 – 28:**  
<https://www.signupgenius.com/go/8050B4BAFAA2DA1FB6-olph52>

### ADVENT CONCERT & LIGHT-UP


Our annual Advent Prayer Service with music will be held at 7pm on Saturday December 5. A link will be available closer to the date.

### ADVENT RETREAT WITH FR. IVEL

Fridays Dec 4, 11 & 18, 7pm Look out for signup details next week! The themes for the 3 days  
1. The Meaning of Advent  
2. Two Important Messengers of Advent: Isaiah and John the Baptist  
3. Advent and Hope

### STRATHCONA OUTREACH

Due to the pandemic, we will reach out to Strathcona Elementary School with gift cards of any denomination from either No Frills or Superstore. Drop your gift cards in the collection basket or at the parish office. Gift cards can be put through the mail slot in an envelope marked "Strathcona School." Drop-off deadline: Sunday, Dec 13. Delivery to school is early Monday morning, Dec 14. Thanks in advance to everyone for your thoughtful donation!

 Olphchurchvancouver



**OLPH Church, 2465 Crown Street, Vancouver BC V6R3V9**

*The Lord is my shepherd; I shall not want. – Psalm 23*