

MASSES & SERVICES

Saturday Anticipated Mass: 5pm
Sunday Masses: 9am, 11am, 5pm

Mon – Wed Masses: 8am
Thurs Mass & OLPH Novena:
8am

Fri, Sat & Holidays: 9am Mass
Fri in July & August: 8am Mass

Reconciliation

By Appointment: Call the Pastor
604-2244344

OFFICE HOURS

Monday-Friday 9am-4pm

CLERGY & STAFF

Pastor

Fr. Babu Mathew, CSSR

Associate Pastor

Fr. Joseph Horo, CSSR

Office Manager

Virginia Fong

Pastoral Coordinator

Bertilla Watanabe

Bookkeeper

Corinna Siy

OLPH School Principal

Lora Clarke

Jr. Kindergarten Director

Maria Cortese

CONTACT

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Parish Office: 604-224-4344

OLPH School: 604-228-8811

Jr. Kindergarten:

jrkindergarten@olphbc.ca

March 14, 2021

4th Sunday of Lent

A Lift for Flagging Spirits Midway Through Lent

Dear Parishioners,

By this Sunday we'll be past the midway point of Lent. I can hear a collective sigh of relief from all the caffeine and chocolate abstainers! Rest assured friends, these little sacrifices are making steady inroads in our faith lives. If we've fallen off our promises, take heart, the Holy Spirit is ever willing to pick us up. We need only ask.

Perhaps the parish retreat can be of some help too. It is an open invitation to reflect more deeply on areas of our life we would like the Lord to shine a light on. And that is a guaranteed lift to the spirit. Our first talk begins tomorrow.

[Lent: A Season of Invitation - Wednesdays of Lent 7pm-8pm](#) Click to join.

- i. From Fasting to Compassion - Wednesday March 10
- ii. From Reconciliation to Peace - Wednesday March 17
- iii. From Death to Life - Wednesday March 24

As you may know, Pope Francis announced the Year of St Joseph on the feast of the Immaculate Conception last year. It goes from Dec 8, 2020 to Dec 8, 2021. To draw closer and understand this powerful saint better, the Archdiocese of Vancouver is hosting a talk by Fr Mark McGuckin called [Into the Deep: St Joseph and the Year of the Family](#) on St Joseph's feast day, March 19. Our parish has also made St Joseph prayer cards with a lovely prayer offering from Pope Francis, one which he has prayed every day for 40 years. You will be receiving this in the mail along with your tax receipts at the end of this week or early next.

Finally, an announcement for students of Vancouver College preparing for Confirmation. Please send an email to prep.olph@gmail.com to let us know if you are planning on receiving this sacrament at our parish.

Lent Program & Spiritual Resources

- Stations of the Cross: 7pm Friday over Zoom [Click here to join](#)
- You are also welcome to pray the Stations of the Cross on the Church grounds. [Download the Stations of the Cross booklet here.](#)
- [Meditations on the Cross:](#) A reflection from the writings of St Alphonsus featuring the crosses in our choir loft. Set aside a few minutes each day in Lent to meditate on the passion of our Lord.
- Lenten Faith Study, *No Greater Love:* A faith study with a choice of two days. Friday Feb 19, 11am - 12pm or Sunday Feb 21, 2pm - 3pm. [Click here to sign up.](#)

With you in Christ,
Fr. Babu Mathew, CSSR

NEWS & NOTICES

WEEKDAY MASS ZOOM LINK

Monday – Friday 8am

<https://uso2web.zoom.us/j/88681050215?pwd=ODN6NUgwUFRsYmp5V3lGOEpaclpLd209>

Meeting ID: 886 8105 0215 |
Passcode: 966564

SAT 5PM/SUNDAY MASS

LIVESTREAMING LINK

<https://www.youtube.com/channel/UCLWUJ197tg3ZUFgrYrXXFUQ/live>

LINK FOR SUNDAY OFFERING

<https://olphchurch.ca/online-giving/>

COMMUNION SCHEDULE

Please attend a livestreamed Mass at home. The following ways to receive Communion will remain for as long as restrictions to in-person gatherings at Mass are in effect. Please attend a livestreamed Mass before you receive Communion.

WALK-THROUGH COMMUNION

Monday - Friday: 8:30am - 9am

Receive Communion at the tabernacle in the church on weekdays. Ash Wednesday: Ashes and Communion at 8:30am & 7:30pm

DRIVE-THROUGH COMMUNION


Saturday: 6pm - 6:30pm

Sunday: 10am - 10:30am / 12pm - 12:30pm

Drive up or walk to the Communion station on Crown Street at the front of the Church to receive the Eucharist after attending a live-streamed Mass at home. Stay in your car, roll down your window and extend your arm to receive Communion then move on. To keep traffic moving, please avoid making a left turn onto West 10th Ave.

SUNDAY ENVELOPES PICK-UP

Sunday Offering envelopes are available for pick-up at the Parish Office during office hours Monday - Friday, 9:30am - 4pm.

 Olphchurchvancouver



OLPH Church, 2465 Crown Street, Vancouver BC V6R3V9

Let my tongue cleave to my mouth if I do not remember you. – Psalm 137