



THE REDEMPTORISTS

Our Lady of Perpetual Help Catholic Church

### MASSES & SERVICES

Saturday Anticipated Mass: 5pm  
Sunday Masses: 9am, 11am, 5pm

Mon – Fri Masses: 8am  
Thurs OLPH Novena: Following  
8am Mass  
Sat & Holidays: 9am Mass  
Sat Adoration: 9:30am – 10am

Reconciliation  
Sat 4pm – 4:45pm  
Or by Appointment:  
Call 604-224-4344

OFFICE HOURS  
Monday-Thursday 9:30am-4pm  
Friday 9:30am – 1:30pm

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 Olyphchurchvancouver



OLPH Church, 2465 Crown Street, Vancouver BC V6R3V9

July 24, 2022

17<sup>th</sup> Sunday in Ordinary Time

## The Elderly Can Be Poets of Prayer

Dear Parishioners,

For this Sunday's 2<sup>nd</sup> World Day for Grandparents and the Elderly, Pope Francis speaks about prayer, understanding, and a spirit of tender revolution which seniors can lovingly use to bring about peace and conversion.

"Our world is passing through a time of trial and testing, beginning with the sudden, violent outbreak of the pandemic, and then a war which is harming peace and development on a global scale. It is also no coincidence that war is returning to Europe at a time when the last generation to experience it is dying out."

He said, "All this points to the need for a profound change, a conversion that disarms hearts and leads us to see others as our brothers or sisters. We, grandparents and elderly people, have a great responsibility: to teach the women and men of our time to regard others with the same understanding and loving gaze with which we regard our own grandchildren."

He said, "We ourselves have grown in humanity by caring for others, and now we can be teachers of a way of life that is peaceful and attentive to those in greatest need. This attitude may be mistaken for weakness or resignation, yet it will be the meek, not the aggressive and the abusive, who will inherit the earth (cf. Mt 5:5)."

On prayer, the pope said seniors are called to bear a spirit of tender revolution by wielding the most valuable instrument at our disposal, prayer. He said the elderly could be "poets of prayer" joining their own words with the Word of God. This trusting prayer is a companion to the cry of pain of those who suffer and can help heal troubled hearts.

I would like to thank families who made a special effort to bring grandparent(s) and the elderly to Mass this weekend. A special blessing is being given at all Masses, as well as a gift bag for those over 65.

Let us ask Saints Anne and Joachim, grandparents of Jesus, whose feast we celebrate this Tuesday, to pray for us.

Yours in Christ,  
Fr Babu Mathew, CSSR



## Prayer for Grandparents & the Elderly

*I give thanks to you,  
Lord,  
for the blessing of  
a long life.  
To those who take  
refuge in You,  
grant always to bear  
fruit.*

*Forgive, O Lord,  
all resignation and  
disillusionment,  
and forsake me not  
when my strength  
declines.*

*Teach me to look  
with hope  
to the future you  
give me,*

*To the mission  
you entrust to me  
And to sing your  
praises without end.*

*Make me a tender  
craftsman of  
Your revolution,  
to guard with love my  
grandchildren  
and all the little ones  
who seek shelter  
in You.*

*Protect, O Lord,  
Pope Francis  
and grant Thy Church  
to deliver the world  
from loneliness.  
Direct our steps in the  
way of peace.  
Amen.*

On the day I called, O Lord, you answered me. – Psalm 138

## NEWS & NOTICES

### Coffee Signup For July & August

We have more spots available for anyone who wishes to help with coffee in the next few weeks. Please [sign up here](#) if you are available to help.

### Send A Photo of Your Drawing Of Grandma & Grandpa

We're celebrating Grandparents Day next Sunday! We'd love to see your drawing or painting of Grandma and/or grandpa with a message on it. If there is room, we may include it in the bulletin. Please email a photo of your drawing or sculpture to Bertilla by August 15. Email: [bwatanabe@rcav.org](mailto:bwatanabe@rcav.org).

### HOLY LAND PILGRIMAGE

Join Fr Babu in an 18-day Holy Land pilgrimage covering Egypt, Israel and Jordan. Highlights are 3N Cairo, 2N Taba, 3N Bethlehem, 2N Nazareth, 2N Amman with Petra Tour. Price includes international flights, all meals, (breakfast, lunch and dinner) sightseeing and PCR tests + taxes. Dates: 11 - 29 October 2022. Price: CA\$4300/Dubai add-on for \$1400. This tour covers your PCR / Rapid Antigen test to return to Canada or the USA. Contact Brian Andrade 778-999-4599 or Deon Almeida 778-866-8118 of Royale Orchid Tours. Or email [royaleorchidtours@gmail.com](mailto:royaleorchidtours@gmail.com)

### 2022 Donation Envelopes for Pick-up

Donation envelopes for 2022 are available for pick-up at the parish office from Mon-Thurs 9:30am – 4pm.

## ARCHDIOCESAN & OTHER EVENTS

### Set Aside Your Sacred Space

Catholic Cemeteries are an extension of parishes; a place for prayer, reflection, hope and remembrance. Gardens of Gethsemani offers a monthly Memorial Mass where families can come pray for their loved ones. Download a free planner at [rccav.org](http://rccav.org) and make a plan to set aside your sacred space.

### Estate and Memorial Planning Webinar

This free presentation provides general information for preparing or updating your will and learning about the beauty of the funeral rite, and formulating pre-need arrangements. You'll be pointed to complementary guides, tools and practical resources. The event is sponsored and presented by the Gardens of Gethsemani cemetery, a ministry of the Archdiocese of Vancouver. Thursday, Aug. 11 at 11 a.m. via Zoom. Learn more and register at [beholdvancouver.org/events](http://beholdvancouver.org/events)

### Awake from Woke 2: How to talk about “Woke” ideology using the Catholic Voices Method

This is part 2 of the first topic in Catholic Voices Canada's Awake from Woke Series. The presentation includes an explanation of the highly effective “Catholic Voices Method” and consideration of how it can be applied to various real-life scenarios pertaining specifically to colonialism, the patriarchy, micro-aggressions, fear of cancellation, capitalism, Woke challenges in academia and the corporate world. Attendees will have the opportunity to ask questions or share their own experiences for the benefit of everyone. Online on Monday, July 25 at 7 p.m. Learn more and register at [beholdvancouver.org/events](http://beholdvancouver.org/events).

### Living with More Inner Balance Workshop

Discover your ways of functioning and progress toward a more harmonious life. Aug. 3 - 6 from 9 a.m. to 5 p.m. in Langley. Cost starts at \$193 according to scale of fees. Learn more and register at [beholdvancouver.org/events](http://beholdvancouver.org/events)



## STEWARDSHIP REFLECTION

**“Ask and you will receive; seek and you will find; knock and the door will be opened to you.”**

**Luke 11:9**

*Jesus assures us that if we ask, God will take care of what we need. The problem is that our culture often confuses what we really need with what we simply want. The truth is that many of us need very little. However, we usually want so much more! Stewardship is simply being grateful for all that we are and all that we have been given, and generously sharing all of our God-given gifts with others. Generosity is a gift that opens doors to new relationships with others and with God.*

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