

## PARISH DIRECTORY

### Pastoral Council

Donna Trasolini  
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### Finance Council

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### Parish Education Committee

Ken Kwong pec@olphbc.ca

### Parish Fundraising Committee

Sandie Weitz sweitz20@gmail.com

### COORDINATORS

#### Altar Guild

Adrienne O'Callaghan  
604-376-4780

#### Altar Servers

Kate Carr 604-730-5640

#### Children's Liturgy

Kathy Mok

communications.olph@rcav.org

#### Craft Group

Elizabeth Hii  
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#### Development & Peace

Deirdre Webster 604-736-0714

#### Eucharistic Ministry

Kathy Mok

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#### Friends of Liguori

Jesse Gemmell  
friendsofliguori.olph@gmail.com

#### Hospitality Ministry

Gerry Macken 604-222-1369

#### Madonna Group

Monica Cheung 604-739-8837

#### Ministry of the Word

Kathy Mok  
communications.olph@rcav.org

#### Music Ministry

Theresa Barao  
theresabarao@gmail.com

#### Communion to the Sick

Mary Thompson 604-263-6008

#### PREP

Claudia Mok  
prep.olph@gmail.com

#### Project Advance

parish.olph@rcav.org

#### Weddings

Bridget Bird 604-341-9180  
bridget.bird@telus.net

## Mark your Calendars

During the season of lent 2024 we are hoping to pray the Stations of the Cross on each Friday night.

Stations of the Cross will begin at 6:30 pm in the church.

We ask that you bring a non-perishable food item for each evening.

Friday February 16th Development and Peace --Presentation on D and P.

Friday February 23rd -- Friends of Liguori - The experience of the poor.

Friday March 1st -- OLPH Children -- followed by an exhibition on forgiveness.

Friday March 8th -- CWL

Friday March 15th Lectors - followed by a Lector speaking on the experience of Proclaiming God's Word.

Friday March 22nd Redemptorist Priests followed by a Presentation about the Redemptorists of Canada (don't miss Fr Alfredo's soup)

Friday March 29th -Good Friday TBD

After the prayer in the church, all parishioners are invited downstairs for a bowl of soul and a bread roll.

This is a simple, meatless soup, in solidarity with all of our brothers and sisters in the global south.

There is no charge for the light supper -there will be a free will offering towards a charity of Development and Peace's choosing.

Save the dates:-

Ash Wednesday is February 14th

The RCIA rite of election is Sunday February 18th, 2:30 pm at the Cathedral.

Solidarity Sunday is March 3rd

OLPH Lenten Penitential Service is Wednesday March 6th at 7:00 pm

Spring Break begins Monday March 11th- ending Friday March 22nd

The Chrism Mass is Wednesday March 27th at the Cathedral.

Holy Thursday is March 28th

Good Friday is March 29th

Easter Sunday is March 31st

Please print and post on your fridge!



ASH  
WEDNESDAY  
(February 14)  
Masses  
8:00am and 7:00pm



February 11, 2024  
6<sup>th</sup> Sunday in Ordinary Time

## OUR LADY OF PERPETUAL HELP PARISH







## MASSES & SERVICES

Saturday Anticipated Mass: 5pm  
 Sunday Masses: 9am, 11am, 5pm  
 Mon – Fri Masses: 8am  
 Thurs OLPH Novena: After 8am Mass  
 Sat & Holidays: 9am Mass  
 Sat Adoration: 9:30am – 10am  
 Reconciliation:  
 Sat 4pm – 4:45pm  
 Or by appointment: 604-224-4344

### OFFICE HOURS

Monday-Friday 9:30am-4pm

### CLERGY & STAFF

**Pastor**  
 Fr. Leo English, CSsR  
**Associate Pastor**  
 Fr. Alfredo Medina Ramos, CSsR  
**In-Residence**  
 Fr. Mark Miller, CSsR

### Reception

Kathy Mok  
 Available Mon/Wed-Fri  
**Office Manager**  
 Virginia Fong  
 Available Tue – Thurs

### Bookkeeper

Corinna Siy  
 Contact email: csiiy.olph@rcav.org

### OLPH School Principal

Deirdre O'Callaghan  
**Jr. Kindergarten Director**  
 Maria Cortese

### CONTACT

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 Website: www.olphchurch.ca  
 Parish Office: 604-224-4344  
 OLPH School: 604-228-8811  
 Jr. Kindergarten: jrkindergarten@olphbc.ca



Use this QR code to visit our website, Instagram or Facebook page.  
 OLPH Church, 2465 Crown Street, Vancouver BC, V6R3V9

## NEWS & NOTICES



### Lunar New Year Message from Archbishop Miller

As we welcome the Lunar Year of the Dragon, I extend my warmest greetings and heartfelt prayers to all those celebrating this auspicious occasion. The Lunar New Year is a time of joy and renewal deeply rooted in the rich traditions of Asian cultures. It offers a unique opportunity to reflect on blessings of the past year and to look forward with hope to the year ahead. This year, as we celebrate the Year of the Dragon, let us remember the importance of community and family, values that are cherished both in Asian cultures and in our Catholic faith. Let us also seek to build bridges of understanding and solidarity across different cultures, recognizing the beauty and wisdom that each tradition brings to our shared human experience. As you gather with family and friends to celebrate the Lunar Year of the Dragon, may you be blessed with good health, peace and joy in the Lord. May this new year be filled with God's grace, guiding you to embrace greater love of neighbor, understanding and harmony in our troubled world.

With cordial greetings and invoking the Lord's blessing upon you and your families, I remain  
 Sincerely yours in Christ,  
 J. Michael Miller, CSB  
 Archbishop of Vancouver

### 2024 Sunday Offering Donation Boxes For Pick-Up

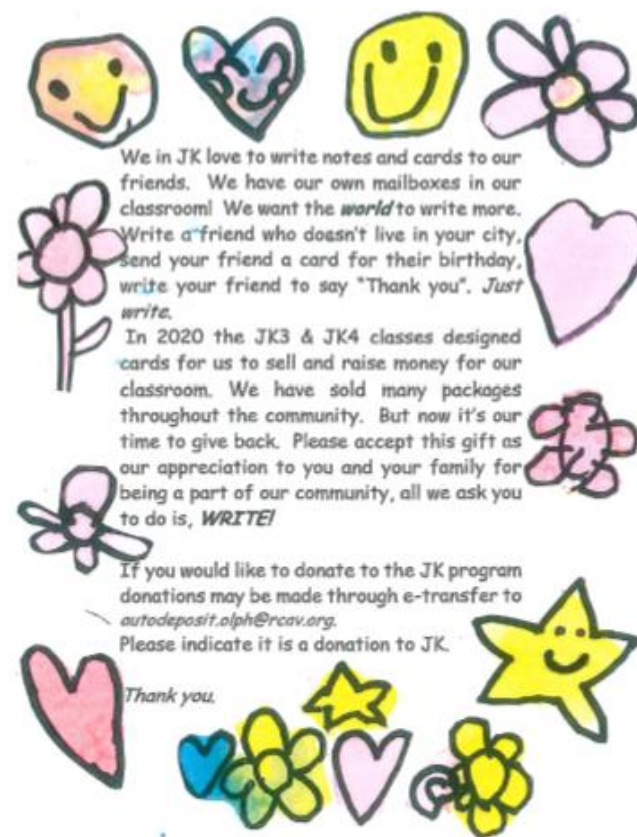
Please pick up your 2024 Sunday Offering box in the church foyer. Note, 2023 envelopes cannot be used. Using envelopes from the past may result in your donation being credited to someone else.

### Baptisms during Lent

During Lent we will not be scheduling baptisms. Lent has two major purposes: It recalls or prepares for baptism and emphasizes a spirit of penance. For the six weeks of Lent we are in the desert *preparing* for new life – the resurrection. Baptism is when we first encounter new life with Jesus. Therefore, we will not celebrate baptism during Lent as we are *preparing* for baptism. We will resume celebrating baptisms on Easter Sunday.



## A Message from Junior Kindergarten



### A Word of Gratitude ...

A sincere word of gratitude for the support of multiple January initiatives. The ushers Workshop on Jan 30th – a great turnout with energy and passion. The pre-Lenten Retreat with Sr John Mary Sullivan – WOW! The altar guild social – what a team of dedicated parishioners! And the Prevention of Fraud with Seniors workshop – very informative – thank you to Ann Kumpula who travelled far to be with us. We have much to be grateful for. Building a better parish family of faith – one relationship at a time. Peace with gratitude – Frs Leo and Alfredo.

## UPCOMING EVENTS

Food Bank Donations	Every Weekend	Before and after Masses, Foyer
Ash Wednesday Masses	February 14	8am & 7pm (9am OLPH School)
Fridays of Lent	February 16 & 23 March 1, 8, 15 & 22	6:30 Stations of the Cross 7pm Soup & Presentation
Holy Thursday	March 28	7:00pm Mass of the Lord's Supper – Adoration until 11:00pm
Good Friday	March 29	11:00am Children's Mass 3:00pm Solemn Celebration of the Passion of the Lord 7:00pm Stations of the Cross
Holy Saturday	March 31	9:00pm Easter Vigil
Easter Sunday	March 31	9:00am, 11:00am & 5:00pm Masses
Easter Monday	April 1	9:00am Mass

### THE ASHES OF LENT

We begin the season of lent with ashes on our foreheads at the beginning of lent. Lent is a season We begin the season of lent with ashes on our foreheads. What is symbolized by this smudging? Perhaps the heart understands better than the head because more people go to church on Ash Wednesday than on any other day of the year, including Christmas. The queues to receive the ashes in many churches are endless. Why? Why are the ashes so popular?

Their popularity, I suspect, comes from the fact that, as a symbol, they are blunt, primal, archetypal, and speak the language of the soul. Something inside each of us knows exactly why we take the ashes: "Dust thou art and into dust thou shalt return!" No doctor of metaphysics need explain this. Ashes are dust and dust is soil, humus; humanity and humility come from there. It is no accident that ashes have always been a major symbol within all religions. To put on ashes, to sit in ashes, is to say publicly and to yourself that you are reflective, in a penitential mode, that this is not "ordinary time" for you, that you are not in a season of celebration, that you are grieving some of the things you have done and lost, that some important work is going on silently inside you, and that you are, metaphorically and really, in the cinders of a dead fire, waiting for a fuller day in your life.

The church taps into this deep well of wisdom when it puts for each of us to sit in the ashes, to spend our time, like Cinderella, working and sitting among the cinders of the fire – grieving what we've done wrong, renouncing the dance, refraining from the banquet, refusing to do business as usual, waiting while some silent growth takes place within us, and simply being still so that the ashes can do their work in us. Ron Rolheiser omi

## The Catholic Parent

By Catholic Parents for Catholic Parents on Formed.org

The Catholic Parent is an empowering video series created to help young families deal with the struggles of raising a family in the Faith. This series of six short episodes will empower parents to:

- Faithfully take your family to Sunday Mass
- Commit to praying as a family even when life is hectic
- Receive Jesus' forgiveness and mercy in the Sacrament of Confession
- Live sacrificially for each other out of love
- Give generously to those in need even when it's tough
- Raise the next generation of saints....now!

To watch this series, sign up for free to OLPH Parish's subscription of [Formed.org](https://www.formed.org) using our zip code V6R3V9.