

All Sunday Masses this weekend will be dedicated to the Feast of Our Mother of Perpetual Help. The Actual Feast Day is June 27. As usual, we will hold our celebration on the closest weekend. Come Join Us For Refreshments After The 9 & 11 am Mass in the Parish Hall this Sun, June 23

OLPH ICON in Detail



What Our Lady of Perpetual Help Means for Us

Just as the Child Jesus fled into the arms of his Mother when he was frightened, so too do we flee into the arms of our Blessed Mother with child-like confidence whenever fear envelopes our hearts. Just as the Virgin Mother consoled and comforted her Divine Child, so too does she console and comfort us, her spiritual children, in our afflictions. We can always come to her in our time of need and receive her help.

In this iconography, Mary is represented as the one who guides us to the Redeemer. The Virgin Mother is also our Help who intercedes with her Son on our behalf. The star painted on Mary's veil, centered on her forehead, highlights her role in the plan of salvation as both the Mother of God and our Mother.

To this day, the Church of St. Alphonsus in Rome displays the original icon of Our Lady of Perpetual Help. They are the guardians and promoters of the holy icon, the only religious order entrusted with the task of doing so with a venerated image of Our Lady.

Catholic Company





PRAYER TO OUR MOTHER OF PERPETUAL HELP

Mother of Perpetual Help,

you have been blessed and favored by God. You became not only the Mother of the Redeemer, but Mother of the redeemed as well. We come to you today as your loving children. Watch over us and take care of us. As you held the child Jesus in your loving arms, so take us in your arms. Be a mother ready at every moment to help us. For God who is mighty has done great things for you, and God's mercy is from age to age on those who love God. Intercede for us, dear Mother, in obtaining pardon for our sins, love for Jesus, final perseverance, and the grace always to call upon you, Mother of Perpetual Help.



Farewell Prayer for our Grade 7's

Heavenly Father,
We ask for your almighty hand
to be upon our Grade 7 students
as they graduate from OLPH school
this past week.
Bless their lives from this day on
with goodness and love.
Help them to stay true to their dreams,
to use their gifts wisely,
and to walk into the future
with humility, justice and compassion.
Amen



As the season of summer is upon us, remember that summer is a Gift from God.

Loving God, we put ourselves into Your hands, and pray that You will bless us and our families during the wonderful months of summer! May our home become a place of relaxation, bonding, joy and peace. May we be generous and considerate in helping others enjoy the blessings of summertime.

May we walk with You this summer in whatever we do and wherever we go. May we praise You for Your goodness; and seek Your presence when we travel abroad in making our holidays become holy days! Keep close to us Lord, and remind us that our relationship with You should never take a break. We ask this through Jesus Christ, our Lord. Amen.



సిస్ NEWS & NOTICES సిస్

- A training session on Meal Preparation for the Inner Hope Society was held this Saturday morning in the Parish kitchen. Thank you to all who attended the training! We are hoping to expand the program and to get more volunteers involved. Stay tuned for more updates!
- We are asking parishioners to bring back a copy of the Church bulletin when you travel locally or internationally. We would love to see what other Churches are doing. Thank You.
- End of year School Mass will be held on Wednesday, June 26 at 9:00 am. Altar Servers who were not able to attend the Altar Server Appreciation Day on June 1 will receive their Altar Server Certificate after Mass.
- There will be a pot plant sale after the 9 & 11am Mass this Sunday in the Church (by donation). The pots were wonderfully made by our OLPH students.
- Project Advance 2024: Thank you to all those who made a pledge/gift to the Project Advance Appeal. Your gift will help grow our Parish and spread Christ's love to the needy. Donations can be made online at projectadvance.ca, in person at the Parish office or drop off in the Sunday collection baskets. We are grateful for your generosity and support!

& Parish Wishlist &

- Fr. Leo's sister and her family are donating a Nativity Set to the rectory. Do you know anyone who can take this to Vancouver from Toronto by car? These are fragile items therefore it is not preferred to send in the mail. They will be wrapped in bubbles. The size of the box is slightly bigger than a document storage paper box. Thank You!
- A beautiful Baptismal font has been sitting in the rectory basement. We would like to have it refurbished and restored in the Church. Do you know anyone who can do the work?

We would love to be able to use it at Easter 2025. Please contact the Parish office for details.







❖ Catholic Family Camp: Hosted by the Archdiocese of Vancouver. This getaway is for families of all types, ages, and sizes to come together for rest, play, fellowship and prayer. Date: August 28-30, at Stepping Stones Bible Camp in Deroche. Registration deadline: July 29.

For Info: beholdvancouver.org/events.



MASSES & SERVICES

Saturday Anticipated Mass: 5pm Sunday Masses: 9am, 11am, 5pm **Daily Mass:**

Mon - Fri 8am

Thurs OLPH Novena: After 8am Mass

Sat & Holidays: 9am Mass Sat Adoration: 9:30am - 10am Reconciliation: Sat 4pm - 4:45pm Or by appointment: 604-224-4344

OFFICE HOURS

Monday-Friday 9:30am-4pm

Stat Holiday, Sat & Sun: Closed

CONTACT

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Parish Office: 604-224-4344

CLERGY & STAFF

Pastor

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Associate Pastor

Fr. Alfredo Medina Ramos, CSsR

In-Residence

Fr. Mark Miller, CSsR

Reception

Kathy Mok

Available Mon & Wed - Fri

Administrative Assistant

Carolina Demaria Available Tue - Thurs

Bookkeeper

Corinna Siy

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OLPH School Principal

Deirdre O'Callaghan

Jr. Kindergarten Director

Maria Cortese

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Use this QR code to visit our website. Instagram or Facebook

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