

August 18, 2024 * 20th Sunday in Ordinary Time

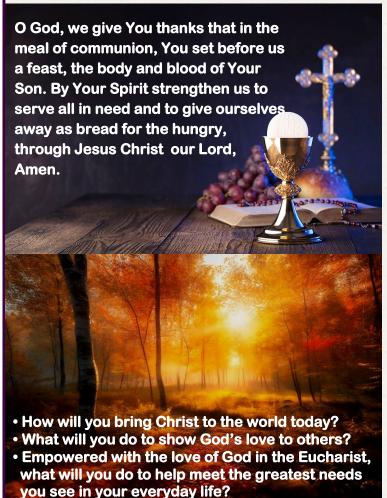
⋄ Stewardship Reflection **⋄**

"Whoever eats my flesh and drinks my blood remains in me and I in him." - John 6:56

Jesus is really present in the bread and wine that are consecrated at Holy Mass. It is His actual body and blood that we consume. This is the greatest gift we can receive. The Eucharist shows us how great Jesus' love is for each of us.

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JESUS CHRIST IS TRULY PRESENT IN THE EUCHARIST



"Christ Jesus, who died, yes, who was raised from the dead, who is at the right hand of God, who indeed intercedes for us," is present in many ways to his Church: in his word, in his Church's prayer, "where two or three are gathered in my name," in the poor, the sick, and the imprisoned, in the sacraments of which he is the author, in the sacrifice of the Mass, and in the person of the minister. But "He is present .. most especially in the Eucharistic species." ~ CCC #1373

The mode of Christ's presence under the Eucharistic species is unique. It raises the Eucharist above all the sacraments as "the perfection of the spiritual life and the end to which all the sacraments tend." In the most blessed sacrament of the Eucharist "the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore, the whole Christ is truly, really, and substantially contained." This presence is called 'real' - by which is not intended to exclude the other types of presence as if they could not be 'real' too, but because it is presence in the fullest sense: that is to say, a substantial presence by which Christ, God and man, makes himself wholly and entirely present.

~ CCC #1374

It is by the conversion of the bread and wine into Christ's body and blood that Christ becomes present in this sacrament. ~ CCC #1375

సిస్ NEWS & NOTICES సిస్

• CATHOLIC FAITH FORMATION FOR CHILDREN NOT IN CATHOLIC SCHOOL



If you child is in Grade K-7 (or beyond G.7 if they are not yet Confirmed) who does not attend Catholic school, consider joining PREP for Sacramental Preparation for First Reconciliation, First Holy Communion and Confirmation. To register, visit https://olphchurch.ca/join/prep/ or email prep.olph@gmail.com for more information.

ARE YOU THINKING OF BECOMING CATHOLIC?



Have you been wondering what it means to be Catholic? What does life mean to you? If you want to become Catholic, you will participate in a process called RCIA (Rite of Christian Initiation of Adults. Classes will begin in September. If you are interested, visit olphchurch.ca/join/become-catholic/ or contact the Parish office.

• OLPH YOUTH GROUP We are excited to announce the formation of a Youth Group for young adults aged 18-35 at our Parish. Our goal is to create a supportive community where we can explore our faith and find our place in the world as young Catholics. Contact Abigail aj.henick@outlook.com or Mariana <a href="mailto:ma

& Parish Wishlist &

• We have a box of Nativity Set needs to be brought over to the rectory from Toronto. Do you know anyone who can take this to Vancouver from Toronto by car? These are fragile items therefore it is not preferred to send in the mail. The size of the box is slightly bigger than a document storage paper box. Thank You!



A beautiful Baptismal font has been sitting in the rectory basement. We would like to have it refurbished and restored in the Church. Do you know anyone who can do the work? We would love to be able to use it at Easter 2025. Please contact the Parish office for details.



ALPHA Promo Weekend	Sep 7 & 8	At all Masses	
Commissioning Mass & Back to School BBQ	Sep 15	11:00am Mass	
Lectors Workshop	Sep 21	10:00am - 11:30am	
Parent Info Session: Catholic School Identity	Sep 25	Via Zoom	
Baby Go Round Collection	Sep 28 & 29	At All Masses	Alpha is coming to OLPH. Registration begins in September!
Harvest Fair	Oct 5	At School	
Parish Ministries Fair	Oct 5 & 6	At All Masses	
Alpha: Explore the Meaning of Life (1st Session)	Oct 21	6:30pm in the Parish Hall	

MASSES & SERVICES

Saturday Anticipated Mass: 5pm Sunday Masses: 9am, 11am, 5pm

Daily Mass: Mon - Fri 8am

Thurs OLPH Novena: After 8am Mass

Sat & Holidays: 9am Mass

Sat Adoration: 9:30am - 10:00am Reconciliation: Sat 4pm - 4:45pm

Or by appointment: 604-224-4344

OFFICE HOURS

Monday-Friday 9:30am-4pm

Stat Holiday, Sat & Sun: Closed

Pastor: Fr. Leo English, CSsR

Associate Pastor: Fr. Alfredo Medina Ramos, CSsR

CONTACT

Our Lady of Perpetual Help Parish 2465 Crown Street, Vancouver, BC V6R 3V9 Parish Office: 604-224-4344

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