

PROJECT ADVANCE Building
2024 Our Parish
Community



DONATE NOW



THE REDEMPTORISTS

Our Lady of Perpetual Help Catholic Church

SUNDAY MASS 9:00 & 11:00AM 5:00PM SATURDAY 5:00PM
WEEKDAYS 8:00AM RECONCILIATION SATURDAY 4:00-4:45PM

Use this QR code to visit our website, Instagram or Facebook page.

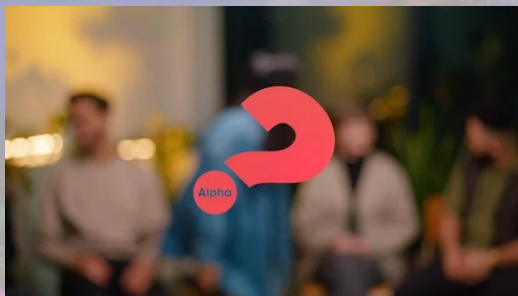


September 8, 2024 ❖ 23rd Sunday in Ordinary Time

What is my purpose in life? Is Jesus still relevant?
Is God present in my loneliness? How can I have hope?
WHERE CAN I ASK THESE QUESTIONS?
FIND YOUR ANSWERS FROM Alpha!



Scan QR code to Register



ALPHA IS COMING TO OLPH! YOU ARE INVITED! EVERYONE IS WELCOME!

ALPHA creates a safe space for you to explore life, faith, and God in a relaxed atmosphere and fun environment. It is a 11-week course where you can explore faith, know Jesus and experience God's invitation. ALPHA is unique - no pressure, no follow up and no charge but a complimentary meal to enjoy. *Please bring a non-perishable food item for Food Bank.*

Every Alpha session has three key elements:

1. Fellowship ~ Connect over a hot meal.
2. Content presented by an interactive video talk that freely explores the basics of Christian faith.
3. Conversations around your table discussing and exploring the topic of the night in a friendly and warm ambience.

❖ 11 Sessions: Oct 21, 28, Nov 4, 18, 25, Dec 2, 9, 16, Jan 6, 13, 20 Time: 6:30pm - 8:30pm

❖ REGISTRATION DEADLINE: Oct 13 (For more info please contact the Parish office)



🌿 NEWS & NOTICES 🌿

◆ REGISTER NOW! CATHOLIC FAITH FORMATION AND SACRAMENT PREPARATION CLASSES



If your child is in Grades K-7 (or beyond G.7 if they have not yet Confirmed) who does not attend Catholic school, consider joining PREP for Sacramental Preparation: First Reconciliation, First Holy Communion and Confirmation. To register, visit <https://olphchurch.ca/join/prep/> or email prep.olph@gmail.com for more information.

◆ REGISTER NOW! ARE YOU INTERESTED IN BECOMING CATHOLIC?



Have you been wondering what it means to be Catholic? What does life mean to you? If you want to become Catholic, you will participate in a process called RCIA (Rite of Christian Initiation of Adults). Classes will begin in September. If you are interested, visit olphchurch.ca/join/become-catholic/ or contact the Parish office.

◆ OLPH YOUTH GROUP We are excited to announce the formation of a Youth Group for young adults aged 18-



35 at our Parish. Our goal is to create a supportive community where we can explore our faith and find our place in the world as young Catholics. Contact Abigail aj.henick@outlook.com or Mariana marifribuqq@gmail.com, or meet us after the Sunday 5pm Mass. To join us, scan



❖ DIOCESAN EVENT - National Day for Truth and Reconciliation - Sep 30

Kairos Blanket Exercise - developed by Kairos Canada, an inter-faith Christian organization dedicated to social justice. The Blanket Exercise provides an encounter with roughly 400 years of Indigenous history from first contact to the present day. Participants will walk through events on a journey informed by personal Indigenous testimony in an immersive experience that is moving and memorable. Event will be held at St. Augustine's School Gym on Mon, Sep 30 from 1-3pm. To register please email openhearts@staugustineschurch.ca.



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| ALPHA Promo Weekend | Sep 7 & 8 | At all Masses |
| Meal Preparation for Inner Hope Society | Sep 14 | 9:30am - 12noon |
| Commissioning Mass & Back to School BBQ | Sep 15 | 11:00am Mass |
| Lectors Workshop | Sep 21 | 10:00am - 11:30am |
| Parent Info Session: Catholic School Identity | Sep 25 | Via Zoom |
| Baby Go Round Collection | Sep 28 & 29 | At All Masses |
| Harvest Fair | Oct 5 | At School |
| Parish Ministries Fair | Oct 5 & 6 | At All Masses |
| Alpha: Explore the Meaning of Life (1st Session) | Oct 21 | 6:30pm in the Parish Hall |

MASSES & SERVICES

Saturday Anticipated Mass: 5pm
 Sunday Masses: 9am, 11am, 5pm
 Daily Mass : Mon – Fri 8am
 Thurs OLPH Novena: After 8am Mass
 Sat & Holidays: 9am Mass
 Sat Adoration: 9:30am – 10:00am
 Reconciliation: Sat 4pm – 4:45pm
 Or by appointment: 604-224-4344

OFFICE HOURS

Monday-Friday 9:30am-4pm
 Stat Holiday, Sat & Sun: Closed
 Pastor: Fr. Leo English, CSsR
 Associate Pastor: Fr. Alfredo Medina Ramos, CSsR

CONTACT

Our Lady of Perpetual Help Parish
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 Parish Office: 604-224-4344
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