

Lent: A Journey of Hope

Our Lady of Perpetual Help Parish



March 30, 2025
Fourth Sunday in Lent

Share Love
Share Lent 2025



Dear Brothers and Sisters in Christ,

As is customary, next Sunday is Share Lent Sunday, when the Canadian faithful join together to support the international initiatives of Development & Peace – Caritas Canada, which addresses the root causes of poverty, oppression and inequality in the developing world. On April 6, I hope that you will give generously in support of this year's Share Lent Appeal.

Lent is a favourable time to practise works of charity by sharing your blessings joyfully with others. Take advantage of this holy season to reach out to your brothers and sisters who lie wounded along the path of life (cf. Lk 10:25-37). Lent invites us to become more sensitive to the presence of the poor in our world and to seek them out. Mother Church combats all forms of poverty because she wants every person to live in the full dignity of a child of God. On Share Lent Sunday, you can respond to Jesus' call to do good to all, especially those in developing countries who lack material and spiritual resources, and those discriminated against and marginalized. On your journey of conversion, make this Lent an occasion for self-denial that is truly sacrificial. As a way of celebrating this Jubilee Year, I urge everyone to ignite the light of hope by contemplating Jesus in the face of those in the Global South who are in need of your help.

This year's Share Lent theme, "Turning Debt Into Hope," is part of a global campaign sponsored by Caritas International, the Catholic Church's global development arm. Please consider signing the Caritas petition calling on public, private and multilateral creditors, as well as political leaders, to act with courage and compassion. **The petition is found at the entrance of the Church.**

As you prepare for the celebration of Jesus' Death and Resurrection, I hope you will respond to next Sunday's Share Lent Appeal with a generous heart.

With gratitude for your timely support and my prayers for you and your families, I remain

Sincerely yours in Christ,

Apostolic Administrator
J. Michael Miller, CSB
Archdiocese of Vancouver



EASTER MASS SCHEDULE

Holy Thursday, April 17

Mass of the Lord's Supper at 7:30pm

Adoration of the Blessed Sacrament after Mass until 12:00 midnight.

Good Friday, April 18

Children's Good Friday Service at 11:00am

Celebration of the Lord's Passion at 3:00pm

Holy Communion will be distributed at both Services

Stations of the Cross at 7:00pm

Holy Saturday, April 19

Easter Vigil begins at 9:00pm
(followed by reception in the parish hall)

Easter Sunday, April 20

Regular Mass times: 9:00am, 11:00am & 5:00pm

Lent at OLPH

♦ Thank you to all of you who attended the Catholic Social Teaching sponsored by Development & Peace on Mar 17. We encourage you to join us again this coming Monday, March 31 for another evening on Social Justice. Come find out more about what we can do to help maintain a healthy planet in dignity, solidarity, justice and peace. Come have a coffee and engage fellow parishioners in a conversation.

March 31 from 7 - 8:30pm
Social Justice Teachings of the Church



Our Lady of Perpetual Help Parish
Wednesday, April 2 at 7:00pm

Fridays of Lent 2025

❖ During the great season of Lent, we pray the Stations of the Cross on each Friday at 6:30pm in the Church. Each ministry in the Parish is responsible for a Friday evening. After the prayer, all parishioners are invited downstairs for a bowl of soup and bread. There will be free will offering towards the work of Development and Peace.

April 4th - Ushers April 11th - OLPH School Children April 18th - The Redemptorists

Please bring a non-perishable food item for Sakura So, an inner-city ministry on the East Side of Vancouver.



Outdoor Stations of the Cross
Come pray at your own time & pace.
Digital version of prayers available on site.

NEWS & NOTICES

Adult Confirmation

*Come, Holy Spirit, fill the hearts of your faithful
and kindle in them the fire of your love.*

◆ If you are Catholic over 16 but missed out on Confirmation, please join our **Adult Confirmation Classes** to prepare yourself to enter fully into the Catholic Church. Dates of classes are: May 21, 28 & June 4. (MANDATORY ATTENDANCE of all 3 sessions). You will be prepared to receive Confirmation on Pentecost Sunday, June 8. To signup, visit <https://www.signupgenius.com/go/8050B4BAFAA2DA1FB6-48272477-adult#/>

◆ SACRAMENTS OF FIRST HOLY COMMUNION AND CONFIRMATION



First Holy Communion will be celebrated on Sunday, May 4 at OLPH. If your child is Catholic and currently a grade two student at Vancouver College, you are welcome to join us in celebration of the sacrament. If you are baptized Catholic in a Catholic high school and have yet received the Sacrament of Confirmation, please contact the Parish office if you are interested in joining our celebration in the spring.

◆ CHILDREN MASS SIGN-UP : April 6 at 9:00am



Our next Children-Led Mass will be celebrated on Sunday, April 6 at 9am. Please sign your child(ren) up for ONE role using the following link: <https://www.signupgenius.com/go/60B0945ADA82CA6FB6-olph#/>. In an effort to accommodate all children who wish to participate, we ask that you sign up your child(ren) for just ONE role each. Thank you!

❖ ARCHDIOCESAN EVENT ❖

◆ Farewell Events for Archbishop J. Michael Miller, CSB



Join us in celebrating Archbishop Miller's 50th Anniversary of Priestly Ordination and his 16+ years of service to the Archdiocese of Vancouver. Due to limited capacity, we ask that you register for only one of the two events, allowing as many people as possible the opportunity to attend: **Option 1:** Farewell Dinner Tue, April 29, 6:30 pm at the Italian Cultural Centre in Vancouver \$100/ticket **Option 2:** Farewell Mass Tue, May 13, 7:00 pm at the Holy Rosary Cathedral - Free (Registration required)

◆ *Registration opens Tuesday, April 1 at 8:00 am - Please visit rcav.org for Advance Registration*

◆ GARDENS OF GETHSEMANI OPEN HOUSE (APRIL 4 & 5)

You are invited to the Gardens of Gethsemani Spring Open House! Take advantage of 20% off burial space that all parishioners receive. In addition, receive 5% off cremation niches in Holy Angels Mausoleum and the Way of Light section. Come tour the grounds, meet with an advisor, and set aside your sacred space for you and your family. Learn more at rcav.org/open-house.

WELCOME BACK

OLPH School Students & Staff

We hope you enjoyed
Spring Break.

LENTEN REFUGEE PROJECT AT OLPH



Thank you to all those who made a donation towards our Lenten Outreach in supporting a refugee family who are in desperate need in finding a safe refuge. The funds will be used to assist with rent, groceries and other settlement costs as needed during the first year in Canada. Our goal is to raise \$40,000 to meet the financial needs. Donations can be made at Mass (in the Sunday collection basket) or in person at the parish office. Cash, cheque or E-Transfer (autodeposit.olph@rcav.org) are accepted. For more information please contact Fr. Mark Miller at the parish (604)224-4344 or by email to markmillercssr@gmail.com Thank You!



MASSES & SERVICES

Saturday Anticipated Mass: 5pm

Sunday Masses: 9am, 11am, 5pm

Daily Mass :

Mon – Fri 8am

Thurs OLPH Novena: After 8am Mass

Sat & Holidays: 9am Mass

Sat Adoration: 9:30am – 10am

Reconciliation: Sat 4pm – 4:45pm

Or by appointment: 604-224-4344

OFFICE HOURS

Monday-Friday 9:30am-4pm

Stat Holiday, Sat & Sun: Closed

CONTACT

Email: parish.olph@rcav.org

Website: www.olphchurch.ca

Our Lady of Perpetual Help Parish

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CLERGY & STAFF

Pastor

Fr. Leo English, CSsR

Parochial Vicar

Fr. Alfredo Medina Ramos, CSsR

In-Residence

Fr. Mark Miller, CSsR

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Kathy Mok

Available Mon & Wed - Fri

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Carolina Demaria

Available Tue - Thurs

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Corinna Siy

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