

"...for whoever exalts himself will be humbled, and the one who humbles himself will be exalted." (Luke 18:14) Pride and ego are the root causes of most of our sins. Thinking your time is so valuable or your talent is better than anyone else or your money gives you status is another way of making those things "gods" before God. Pride is the opposite of humility. All that we have and all that we are is a gift from God. We should be humbled by God's incredible generosity and be grateful for all we have been given. Ultimately, gratitude leads us to humility.

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PLEASE SUPPORT THE CHARITABLE WORK OF ST. FLISABETH CONVENT IN BELARUS

THURSDAY, OCTOBER 30 after the 8am morning Mass & 9am School Mass in the Parish Hall

There will be information on the history & service of their community that helps children without parental support, patients of psychiatric hospital, and sufferers from drug and







The Sisters from St. Elisabeth Convent (Belarus) invite you to come take a look and purchase handmade religious articles made by the Sisters. In the recent years a Shelter of Labor for former drug and alcohol addicted people was organized 20 miles away from the Convent. A lot of homeless and lost people get a chance for new start in life with God. In order to help these people some workshops were organized where vulnerable people have a possibility to express themselves in art for God working together with nuns and sisters and making icons, crucifixes, wood carvings, ceramic gifts, rosaries and vestments. All these

goods made with love and prayer bring blessings to their owners. (Only Cash & Interac accepted)

A TABLE WITH THE HANDMADE RELIGIOUS ARTICLES WILL BE ON DISPLAY FOR SALE.

Proceeds will help the current Convent's charitable work. Thank you for your support!



Hope Thrives PROJECT Here

We are \$32,645 SHORT of our PARISH GOAL of \$130,000

Have you made a pledge for this year yet?

Project Advance is an annual initiative that brings our community together to support various ministries and programs of our Archdiocese of Vancouver.

DONATE TODAY

Our Parish Goal for this year is \$130,000. All rebates will go to the Parish Building Fund. Your generosity to Project Advance builds a future where faith is strong, communities are connected, and the Church continues to be a hope for all. Donations can be made online at projectadvance.ca, drop off in the Sunday collection baskets, in person at the Parish office or simply contact the parish office if you would like us to process your credit card contribution on the phone. THANK YOU FOR YOUR GENEROSITY AND CONTINUED SUPPORT

Latest **Update**

PARISH GOAL: \$130,000

DONATIONS RECEIVED: \$97,355 (As of Oct 25, 2025)

NUMBER OF FAMILIES WHO HAVE MADE A GIFT: 68

Every year, we gather as a Parish Family to remember those who have been called home to God before us.

MASS OF REMEMBRANCE

For Your Loved Ones Will Be Held on

Monday, November 3 at 7:00pm Followed by a light reception in the Madonna Room. ALL ARE WELCOME.

SAVE THE DATE

CWL Craft Fair and Bake Sale

Saturday, November 22 from 10:30am - 3:00pm

Raffles Will Be Drawn at 2:00pm (Great Frizes!)

DONATIONS OF BAKED GOODS AND CRAFTS ARE WELCOM

Volunteers and Donations Signup Sheets will be placed at the Church entrance. Stay tuned for further information!



We were delighted to have 25 people from OLPH joining us at this year's Archbishop's Dinner on Oct 22. Frs. Leo, Alfredo, and Mark were incredibly pleased to have your presence supporting the wider Catholic community.

సాసా NEWS & NOTICES సాసా



THE ANNUAL CENSUS OF THE ARCHDIOCESE OF VANCOUVER WILL CONTINUE THIS WEEKEND, OCT 25/26 AT ALL MASSES.

YOUR PRESENCE IS NEEDED! COME AND BE A PART OF THE CENSUS!

CAN YOU PLEASE HELP KEEP THOSE IN NEED WARM THIS WINTER?

Our heartfelt thanks to everyone for your continued generosity in supporting Sakura So, a shelter home in downtown Vancouver. As the cold winter approaches, the residents are in need of a few essential items. In addition to SHAMPOO, CONDITIONER and BODY SOAP which are always appreciated, they are in urgent need of BODY LOTION and HAND CREAM. Collection bins are available in the Church foyer, and our volunteers from Friends of Liguori will deliver the donated items to the centre after the weekend Masses. Thank you for your ongoing support!

SAINT PATRICK REGIONAL SECONDARY ANNUAL OPEN HOUSE



Saint Patrick Regional Secondary will be hosting its annual Open House on Nov 18 at 6:00 pm. Please join us to hear from current and past students and families about their experiences here at St. Patrick Regional. There will also be demonstrations from clubs, a performance from our renowned Choir and students and teachers on hand to tell you a bit about life as a Celtic. No registration required. Applications for the 2026-2027 school year will be available on the school website (www.stpats.bc.ca) on December 1st.

PURCHASE A CANDLE IN MEMORY OF A LOVED ONE AT GARDENS OF GETHSEMANI



During November, the Month of Holy Souls, the Gardens of Gethsemani invites you to purchase a candle to be placed on a loved one's grave. Each candle is \$10. Please place your order no later than October 30. Learn more at rcav.org/holy-souls-candles

RED MASS AND DINNER

Join Archbishop Richard Smith for the annual Red Mass on Thurs, October 30 at Holy Rosary Cathedral at 5pm. This special evening brings together members of the legal community to pray for wisdom and guidance at the beginning of the judicial year. A ticketed dinner will follow with keynote speaker Justice Lauri Ann Fenlon of the B.C. Court of Appeal. Learn more and purchase tickets at beholdvancouver.org/events.

ANNUAL MASS FOR DECEASED BISHOPS, CLERGY, AND CONSECRATED MEN & WOMEN



All are welcome to attend this special Liturgy concelebrated by the priests of the Archdiocese. Remember those who have laboured for the Church in Vancouver and pray that the Lord will send more dedicated men and women to continue their ministry. Mass

will be held at Holy Rosary Cathedral on Wed, November 5 at the 12:10 pm. beholdvancouver.org/events.

DEVELOPMENT & PEACE - LEAVING NO CARBON FOOTPRINTS BEHIND!





Let us work together to reduce negative contributions to climate change! Information can be found online from Caritas Canada's website: https://devp.org/en/?s=carbon+footprint+

Save the Fale		
Lector's Workshop 10:00am - 11:30am	Oct 25	Madonna Room
Religious Articles Sale by the Sisters from St. Elisabeth Convent	Oct 30	Parish Hall
Mass of Remembrance & Reception - 7:00pm	Nov 3	Church
Eucharistic Minister's Workshop 10:00am - 11:30am	Nov 15	Madonna Room
CWL Craft Fair	Nov 22	Hall & Madonna Room
Advent Retreat facilitated by Madonna House Apostolate Members - 9:00am	Nov 29	Parish Hall
Adult Faith Formation Session #3 - Topic: Intersection of Faith and Science	Dec 1	Parish Hall
Advent Concert - 7:00pm	Dec 6	Church

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MASSES & SERVICES

Saturday Anticipated Mass: 5pm Sunday Masses: 9am, 11am, 5pm **Daily Mass:**

Mon - Fri 8am

Thurs OLPH Novena: After 8am Mass

Sat & Holidays: 9am Mass Sat Adoration: 9:30am - 10am

Reconciliation: Sat 4pm - 4:45pm

Or by appointment: 604-224-4344

OFFICE HOURS

Monday-Friday 9:30am-4pm

Stat Holiday, Sat & Sun: Closed

CONTACT

Email: parish.olph@rcav.org Website: www.olphchurch.ca Our Lady of Perpetual Help Parish

2465 Crown Street, Vancouver, BC V6R 3V9

Parish Office: 604-224-4344

CLERGY & STAFF

Pastor

Fr. Leo English, CSsR

Parochial Vicar

Fr. Alfredo Medina Ramos, CSsR

In-Residence

Fr. Mark Miller, CSsR

Parish Secretary

Kathy Mok

Available Mon & Wed - Fri

Administrative Assistant

Carolina Demaria

Available Tue - Thurs

Bookkeeper

Corinna Siy

Contact email: csiy.olph@rcav.org | jrkindergaten@olphbc.ca

OLPH School Principal

Deirdre O'Callaghan

Jr. Kindergarten Director

Maria Cortese

OLPH School

604-228-8811

Jr. Kindergarten:

PARISH INFORMATION

Pastoral Council

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Finance Council

Kevin Chan

kchanolph@gmail.com

Parish Education Committee

Ken Kwong pec@olphbc.ca



Use this QR code to visit our website. Instagram or Facebook

Altar Guild

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Altar Servers

Kate Carr 604-730-5640

Children's Liturgy

Kathy Mok

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Communion to the Sick

Mary Thompson 604-263-6008

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Madonna Group

Kathy Mok

Ministry of the Word

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Music Ministry

Theresa Barao

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PREP

Claudia Mok

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Project Advance

Fr. Alfredo Medina Ramos amedinaramos@rcav.org

RCIA

Fr. Alfredo Medina Ramos amedinaramos@rcav.org

Rosary Groups

30min before Mass & Fri at 1pm

Weddings

Bridget Bird 604-341-9180