



March 1, 2026 ❖ Second Sunday of Lent

Stewardship Reflection

“Go forth from the land of your kinsfolk and from your father’s house to a land that I will show you.” Genesis 12:1
 God calls all of us to leave behind our old ways and to follow Him, placing our complete trust in Him. Some of the old ways that we struggle to leave behind might be materialism, selfishness and greed. Yet, God promises to show us a new land and a better way to live. Remember what St. Teresa of Calcutta said, “God does not call us to be successful, God calls us to be faithful.”
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Lenten Penitential Service at OLPH : Thurs, March 26, 7 pm

GO A LITTLE DEEPER - LENT 2026

During the holy season of Lent, we will gather to pray the Stations of the Cross each Friday evening at 6:30pm in the Church. Following the prayer, all parishioners and visitors are warmly invited to join us downstairs for a simple meal of soup and bread. The meal is complimentary; however, a free-will offering will be gratefully accepted in support of Development and Peace. We also kindly ask that you bring a non-perishable food item for Sakura So, an inner-city ministry serving the east side of Vancouver. We look forward to journeying with one another in faith throughout this Lenten season.



FRIDAYS during LENT	MINISTRY
March 6	OLPH School Children
March 13	Development and Peace Committee
March 20	Ministry of the Word (Lectors)
March 27	Catholic Women’s League (CWL)
Good Friday, April 3	The Redemptorists



Weekly Reflection

WEEK 2

A world transfigured: the transformative grace of ecological justice



On track for
JUSTICE

**A MOVEMENT FOR
GLOBAL JUSTICE**

The Word of God calls us to ecological justice through living an integral ecology that honours the

sacredness, dignity, and beauty of all creation. God loves and does justice for all that God has made; and so must we. This requires recognizing our failure to respect creation's interdependence, acknowledging personal and societal ecological sin, and allowing grace to transform us. We are called to respond to both "the cry of the poor and the cry of the earth."

In *Laudato Si'* (§138), Pope Francis reminds us that everything is interconnected. Yet affluent societies often pursue models of development and consumption that create imbalance and environmental harm, while vulnerable communities and the natural world suffer deprivation and degradation. St. Paul urges courage, love, and self-discipline (2 Tim 1:7)—virtues needed to change our lifestyles so all may live.

Like Abram, called to leave what was familiar (Gen 12:1), we are invited to journey from comfort to deeper awareness, confronting injustice with honesty and courage. In Christ's transfiguration (Matt 17:2), divine light shines through creation. Ecological justice opens our eyes to this light, empowering us to see as God sees, care as God cares, and act with righteousness and love.

COP30 feedback event: What went down and Where do we go?



Join us for a presentation and a discussion on what happened at the UN Climate Summit, the state of the climate change agenda, our role for ecological justice, and where we should go from here.

WHEN

Saturday, March 7

TIME

10:00am - 12:30pm

WHERE

**St. Augustine's Parish
2028 West 7th Ave,
Vancouver**

Share
Lent 2026



Development
and Peace
CARITAS CANADA

NEWS & NOTICES

◆ VOLUNTEERING OPPORTUNITY - MEAL PREPARATION FOR THE NEEDY - March 14



Meal preparation for those in need is a meaningful way to live out Jesus' teaching - "Whatever you did for one of the least of these brothers and sisters of mine, you did for me". We are looking for volunteers to help prepare meals for the needy on March 14. Please sign up at www.signupgenius.com/go/8050B4BAFAA2DA1FB6-46459533-inner# if you are able to serve. ** A reminder that participants must be at least 16 years of age or older. If you have signed up but can no longer make it due to last minute plan change, please be sure to find a substitute before removing your sign up from the portal. Thank you for your generosity and cooperation.

◆ DEMONSTRATION OF THE ART AND SCIENCE OF CLASSICAL FENCING - MARCH 1



The Renaissance Fencing Club, led by Joseph Lai, a parishioner of OLPH, will host a Demonstration of the Art and Science of Classical Fencing following the 11am Mass on Sunday, March 1 from 12:00 - 12:30pm in the church basement. With the help of Maître d'Armes Cecil Longino, this 30-minute programme will discuss and demonstrate this centuries-old art; and can serve as an introduction for those who wish to take part in the regular classes offered at Our Lady's school gym on a regular basis. **Free admission**; however, seating is limited. Please register using the link below if you would like to take part: <https://www.eventbrite.ca/e/renaissance-fencing-club-olph-demonstration-tickets-1983891462770?aff=oddtcreator> (Note: Each registrant is limited to a maximum reservation of 4-seats. More information for classes can be found at www.renfencingclub.ca)

◆ LENTEN REFUGEE PROJECT PART II

As you may be aware, the Lenten Refugee Project (Part II) at OLPH has already started. Donation envelopes are available in the Church. Thank you for your generosity and support of this meaningful Lenten Initiative.

❖ *Adult Confirmation Classes* ❖

If you are a Baptized Catholic over the age of 16 years and have not been confirmed, please join our Adult Confirmation Classes to prepare yourself to be confirmed.

You will receive the Sacrament of Confirmation on
Pentecost Sunday, May 24, 2026
in your home parish.

❖ Classes will be held over 3 Wednesdays
from **7 - 8:30pm** in the Church basement

Wednesdays - May 6, May 13, May 20

❖ **MANDATORY ATTENDANCE OF THE 3 CLASSES**



For more information or to sign up, please click the link below or scan the QR code:
http://www.signupgenius.com/go/8050B4BAFAA2DA1FB6-62597711-adult#



ADULT FAITH FORMATION

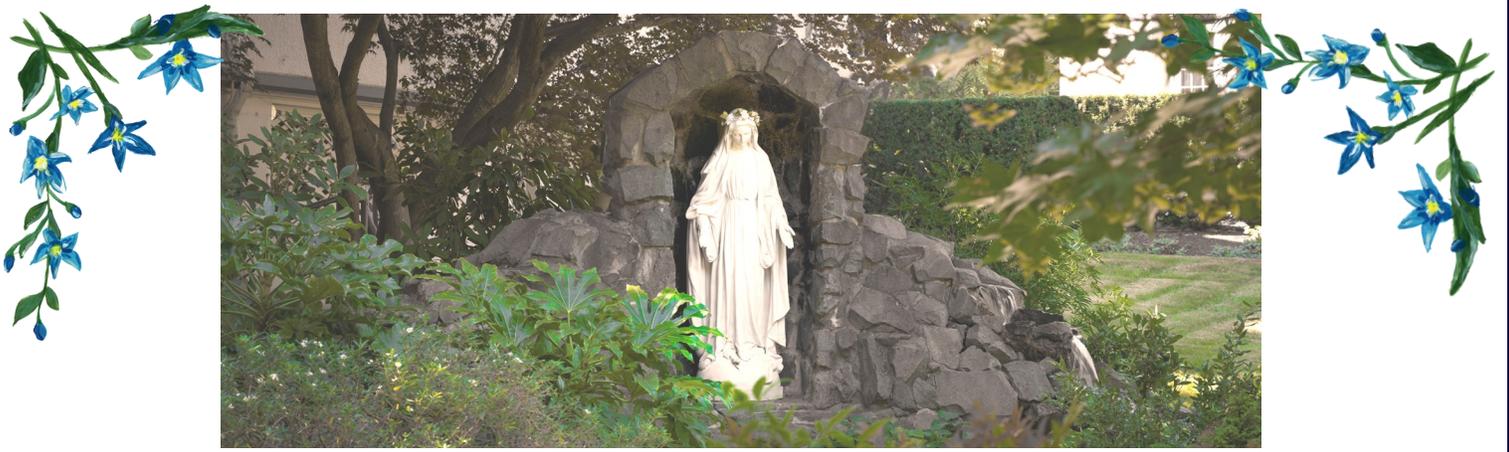
OUR SIXTH SESSION WILL FEATURE LAURI ANN FENLON AS OUR GUEST SPEAKER

TOPIC: *LIVING AS CATHOLIC IN A SECULAR WORLD*

MONDAY, MARCH 9, 2026

7:00PM - 8:30PM IN THE PARISH HALL





MASSSES & SERVICES

Saturday Anticipated Mass: 5pm

Sunday Masses: 9am, 11am, 5pm

Daily Mass :

Mon – Fri 8am

Thurs OLPH Novena: After 8am Mass

Sat & Holidays: 9am Mass

Sat Adoration: 9:30am – 10am

Reconciliation: Sat 4pm – 4:45pm

Or by appointment: 604-224-4344

OFFICE HOURS

Monday-Friday 9:30am-4pm

Stat Holiday, Sat & Sun: Closed

CONTACT

Email: parish.olph@rcav.org

Website: www.olphchurch.ca

Our Lady of Perpetual Help Parish

2465 Crown Street, Vancouver, BC V6R 3V9

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CLERGY & STAFF

Pastor

Fr. Leo English, CSsR

Parochial Vicar

Fr. Alfredo Medina Ramos, CSsR

In-Residence

Fr. Mark Miller, CSsR

Parish Secretary

Kathy Mok

Available Mon & Wed - Fri

Administrative Assistant

Carolina Demaria

Available Tue - Thurs

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Corinna Siy

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PARISH INFORMATION

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RCIA

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Rosary Groups

30min before Mass & Fri at 1pm

Weddings

Bridget Bird 604-341-9180



Use this QR code to
visit our website,
Instagram or Facebook