

May 10, 2026 ❖ Sixth Sunday of Easter



STEWARDSHIP REFLECTION

“For it is better to suffer for doing good, if that be God’s will, than for doing evil.” *1 Peter 3:17*

The old line says “if you want to make God laugh, tell him your plans.” Many of us are diligent in our planning and making sure things are progressing smoothly. Then disaster strikes, we don’t get the result we anticipated or an unforeseen problem arises. Many times we may respond negatively and ask, “Why me? I did everything right!” Here’s the thing – adversity humbles us and reminds us of our dependence on God and not on our own self-reliance. Rest assured, God has a better plan in store for you.

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Happy Mother’s Day to all mothers, grandmothers, godmothers, mother figures, and to the cherished memories of mothers who have passed on. Your unconditional love and countless sacrifices go beyond what words can fully express - they are a lasting wellspring of love that endures forever.

To those who have lost their mothers, may you find comfort in knowing that their legacy of love lives on, and that you carry them with you wherever life takes you. God is love, and motherhood beautifully reflects the true meaning of that love.

As we celebrate this beautiful day with our mothers, let us also remember our Blessed Mother Mary, who continually intercedes for us and keeps us under her loving protection.

May our Blessed Mother watch over and bless all mothers, help them to always know how deeply they are loved and appreciated.



*Congratulations
To Our First Holy Communicants*



CWL Tea and Faith Talk - Sunday, May 31

Whether you're a longtime CWL member or new to our community, we'd love to see you there!

Join the Catholic Women's League for an afternoon of fellowship and faith on Sunday, May 31st from 12:15pm - 2:00pm in the Parish Hall (after the 11:00 am Mass).

Enjoy tea, coffee, and light refreshments while engaging in meaningful conversation.

Supervised childcare will be provided.

Open to all women of the parish and their friends.

Please RSVP to cwlcommunications.ca@gmail.com by May 20th.
We look forward to spending this meaningful afternoon together!

NEWS & NOTICES

♦ PARISH EDUCATION COMMITTEE (PEC) ELECTIONS - CALL FOR NOMINATIONS !!



Our Lady of Perpetual Help
Parish Education Committee



Nominations will remain open until May 26, 2026. Elections will be held on May 30 & 31, 2026 after ALL Masses in the Madonna Room. Please contact the Parish office prior to the weekend of May 30/31,

if you want to find out if you are on the Voter's List. Together, let us pray for the guidance of the Holy Spirit as we come together to build a strong, faith-based school community through a successful PEC Elections.

♦ PARKING ADVISE - STREET REHABILITATION - WEST 10th AVENUE



Please be advised that starting in May 2026, the City of Vancouver will begin street rehabilitation on West 10th from Blanca St. to Alma St. Temporary parking restrictions will be in effect to safely accommodate construction activities. Please watch for NO PARKING signs as the work progresses. Ample street parking is available in front of the Church and the School along Crown Street. As a courtesy to our elderly parishioners and those with mobility needs, we kindly ask that you refrain from using the designated Disabled Parking if you do not need it. Please also note that parking in the fire lane is prohibited at all times. Thank you for your attention, understanding and cooperation.

♦ VOLUNTEERING OPPORTUNITY - THE MINISTRY OF THE ALTAR GUILD



Altar Guild is a ministry for preparing and caring for the altar, sanctuary, and sacred items used during Mass. Their work helps ensure that liturgies are conducted reverently and smoothly. Altar Guild at OLPH is a small but dedicated team that maintains the eucharistic vessels, flowers and alter linens for the Church. We have two vacant positions and the tasks will be as follows:

♦ Sacristy Cleaning: One Saturday every 5 weeks for about one hour.

♦ Flowers: Responsible for purchasing, arranging and maintain flowers (NO LILIES) for 1 - 2 months per year. If you are able to help please contact Adrienne O'Callaghan - apocallaghan@hotmail.com Thank you!

♦ PREPARE FOR YOUR FUTURE HEALTH-CARE:

ADVANCE CARE PLANNING helps you, and the people you trust, to prepare for future health-care decisions. This session is offered by Vancouver Coastal Health, and will help you think and talk about your wishes and who would make decisions for you if you cannot.

Date: Thursday, June 11, 2026

Time: 9:00am - 10:30am Location: OLPH Parish Hall

♦ ST. PATRICK REGIONAL SCHOOL FUNDRAISER

St. Patrick Regional will be holding a Second-Hand Rummage sale on Sat, May 16 from 10am - 3:30pm. There will be baked goods and other items for sale, and a hot food stand! Come and do a little shopping - clothing, home décor, kitchenware, etc. Hope to see you there!



EASTER REFUGEE PROJECT AT OLPH

Thank you to everyone who responded so promptly to the Easter Refugee Project at OLPH. We are truly overwhelmed by your generosity and kindness. We are still seeking donations to support this campaign. Donations can be made at Mass, in person at the parish office or by E-Transfer to autodeposit.olph@rcav.org (Please include "Refugee Project" in the note). For more information please contact Fr. Mark Miller at (604)224-4344 or by email to markmillercssr@gmail.com

May God bless you!



MASSSES & SERVICES

Saturday Anticipated Mass: 5pm

Sunday Masses: 9am, 11am, 5pm

Daily Mass :

Mon – Fri 8am

Thurs OLPH Novena: After 8am Mass

Sat & Holidays: 9am Mass

Sat Adoration: 9:30am – 10am

Reconciliation: Sat 4pm – 4:45pm

Or by appointment: 604-224-4344

OFFICE HOURS

Monday-Friday 9:30am-4pm

Stat Holiday, Sat & Sun: Closed

CONTACT

Email: parish.olph@rcav.org

Website: www.olphchurch.ca

Our Lady of Perpetual Help Parish

2465 Crown Street, Vancouver, BC V6R 3V9

Parish Office: 604-224-4344

CLERGY & STAFF

Pastor

Fr. Leo English, CSsR

Parochial Vicar

Fr. Alfredo Medina Ramos, CSsR

In-Residence

Fr. Mark Miller, CSsR

Parish Secretary

Kathy Mok

Available Mon & Wed - Fri

Administrative Assistant

Carolina Demaria

Available Tue - Thurs

Bookkeeper

Corinna Siy

Contact email:

csiy.olph@rcav.org

OLPH School Principal

Deirdre O'Callaghan

Jr. Kindergarten Director

Maria Cortese

OLPH School

604-228-8811

Jr. Kindergarten:

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PARISH INFORMATION

Pastoral Council

Donna Trasolini
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Finance Council

Kevin Chan
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Parish Education Committee

Ken Kwong
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Altar Guild

Adrienne O'Callaghan 604-376-4780

Altar Servers

Kate Carr 604-730-5640

Children's Liturgy

Kathy Mok
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Communion to the Sick

Mary Thompson 604-263-6008

Craft Group

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Development & Peace

Deirdre Webster 604-736-0714

Eucharistic Ministry

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Friends of Liguori

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Hospitality Ministry

Gerry Macken 604-222-1369

Ministry of the Word

Kathy Mok
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Music Ministry

Raphael & Blanche Dela Luna
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PREP

Claudia Mok
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Project Advance

Fr. Alfredo Medina Ramos
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RCIA

Fr. Alfredo Medina Ramos
amedinaramos@rcav.org

Rosary Groups

30min before Mass & Fri at 1pm

Weddings

Bridget Bird 604-341-9180



Use this QR code to
visit our website,
Instagram or Facebook