



June 7, 2026

Most Holy Body and Blood of Christ

STEWARDSHIP REFLECTION

“Because there is one bread, we, who are many, are one body, for we all partake of the one bread.”
1 Corinthians 10:17

As disciples of Jesus, we are called to lead holy lives and invite others to join us. We are called to be fed and to feed others. Living a stewardship lifestyle, being grateful and generous with our gifts, serves a twofold purpose. One, it helps build God’s kingdom here on earth. Two, it helps us strengthen each other’s relationship with God the Father, Jesus, and the Holy Spirit. It becomes our roadmap to Heaven. Let’s help each other get there! ~ Copyright © 2026 Catholic Diocese of Fort Worth

OPEN YOUR HEART to Child Sponsorship This Weekend

Chalice is a Canadian, Catholic international child sponsorship charity dedicated to supporting vulnerable children in developing countries to complete their education. For more than 30 years, Chalice’ sponsors have supported children experiencing poverty to have a hope-filled future.



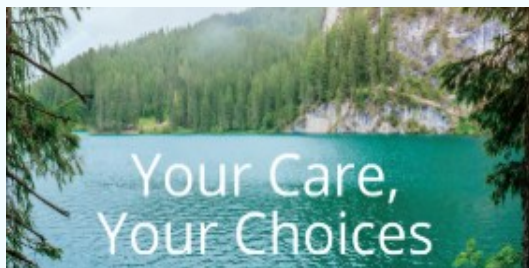
**Your Sponsorship Can Change a Child's Life.
Act Now!**



Thursday, JUNE 11
9:00am - 10:30am (Parish Hall)

Advanced Health Care Directives

Future Health Decisions: Your wishes and who can make decisions for you when you cannot.



Representatives from Vancouver Coastal Health will be here to present **Advanced Health Care Planning** featuring insightful information you won’t want to miss.



Feast of Corpus Christi

What is brought before the Lord... what do we now place on the altar with the wheat and the grape?

There are times when we are hesitant to bring...

all parts of our humanity and our world to the table of the Lord.

The table of the Lord is foremost - the altar of the heart.

We search for only good deeds - the acts of kindness, beauty and prayers..

however feeble and make an incomplete offering.

And yet in humility - led by the Spirit, we know that we are both blessed and broken..

- fragile and empowered beyond belief!

Let us reflect for a moment on a real offering to the Lord - all parts of our lives.

The forgiven, the really real, the honest, and the sacred encounters of this day.

Let us bring forth - all that stands between us, and the very best version of ourselves - our true self.

A *kairos* moment in time, when we know:

Saints have a past,

Sinners have a future,

Where we lead with our vulnerability, and where honest humility and mercy beyond measure, ground us in the here and now.

May we, like the Eucharist, be broken and blessed,

and may we in turn - become what we receive - Eucharist for others.

May our Amen, at a moment of a Sacred Communion, be said in gratitude for all that is..

and be said as yes, for all that is to come. Amen.

~Peace and may you know of a sacred Corpus Christi ~ Fr. Leo

EASTER REFUGEE PROJECT

We Are Only \$3,000 Short of Our Goal of \$124,220
Help us give a family the chance to start a new life in safety and hope.



Help a family of nine who are in desperate need in finding safety, stability, and a place to call home.

Will you help us get there?

- ❖ Donations can be made at Mass, in person at the parish office, or by E-Transfer to autodeposit.olph@rcav.org
- For more information, please contact Fr. Mark Miller at (604)224-4344 or by email to markmillercssr@gmail.com



May God bless you abundantly for your generosity, kindness, and loving heart!



NEWS & NOTICES

♦ VOLUNTEERING OPPORTUNITY - MEAL PREPARATION FOR THE NEEDY - JUNE 13



We are looking for more volunteers to help prepare meals for the needy on Sat, June 13. Please sign up at www.signupgenius.com/go/8050B4BAFAA2DA1FB6-46459533-inner#/ if you are able to serve. Thank you very much.

♦ 2026 SUNDAY OFFERING ENVELOPES

Please pick up your 2026 Sunday offering envelopes from the parish office if you have not already done so. Unclaimed envelope boxes will soon be reassigned to new parish families. Also, to help ensure the accuracy of donation records, please use only the envelopes designated for 2026, as your envelope number may have changed from previous years. Thank you for your cooperation.

♦ UPDATES ON ADULT FAITH FORMATION - SERIES #9 HAS BEEN CANCELLED



Please be advised that due to unforeseen travel arrangement affecting our guest speaker for Series #9, the Adult Faith Formation scheduled for June 15 has been cancelled. If you have a completed stamped passbook, we would like to reward your dedication with a special feast at the rectory. Please present your passbook to the parish office at your convenience to claim your reward. We are currently working on our next series of Adult Faith Formation. More information will be provided when available. Thank you for your continued participation and support!

♦ PROJECT ADVANCE 2026 WILL BE LAUNCHED NEXT WEEKEND AT ALL MASSES



PROJECT ADVANCE, our Archdiocese's annual appeal, provides vital funding for ministries and projects throughout the Archdiocese, as well as initiatives within our parish. Our sincere gratitude to everyone who contributed to Project Advance last year. This year, our parish goal is \$135,000, and we hope that everyone will prayerfully consider participating in this year's appeal.

Thursday Coffee Club A Day of Fellowship & Prayer at the Gardens of Gethsemani & Lunch Gathering May 27, 2026





MASSES & SERVICES

Saturday Anticipated Mass: 5pm

Sunday Masses: 9am, 11am, 5pm

Daily Mass :

Mon – Fri 8am

Thurs OLPH Novena: After 8am Mass

Sat & Holidays: 9am Mass

Sat Adoration: 9:30am – 10am

Reconciliation: Sat 4pm – 4:45pm

Or by appointment: 604-224-4344

OFFICE HOURS

Monday-Friday 9:30am-4pm

Stat Holiday, Sat & Sun: Closed

CONTACT

Email: parish.olph@rcav.org

Website: www.olphchurch.ca

Our Lady of Perpetual Help Parish

2465 Crown Street, Vancouver, BC V6R 3V9

Parish Office: 604-224-4344

CLERGY & STAFF

Pastor

Fr. Leo English, CSsR

Parochial Vicar

Fr. Alfredo Medina Ramos, CSsR

In-Residence

Fr. Mark Miller, CSsR

Parish Secretary

Kathy Mok

Available Mon & Wed - Fri

Administrative Assistant

Carolina Demaria

Available Tue - Thurs

Bookkeeper

Corinna Siy

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OLPH School Principal

Deirdre O'Callaghan

Jr. Kindergarten Director

Maria Cortese

OLPH School

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Jr. Kindergarten:

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PARISH INFORMATION

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PREP

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Project Advance

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RCIA

Fr. Alfredo Medina Ramos

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Rosary Groups

30min before Mass & Fri at 1pm

Weddings

Bridget Bird 604-341-9180



Use this QR code to
visit our website,
Instagram or Facebook