

August 9, 2026 ❖ 19th Sunday in Ordinary Time



Stewardship Reflection



“After he had fed the people, Jesus made the disciples get into a boat and precede him to the other side, while he dismissed the crowds. After doing so, he went up to the mountain by himself to pray.” *Matthew 14:22-23*
The psychologist Carl Jung once said, "Busyness is not of the devil, busyness is the devil!" Stewardship is not about increasing our activities, but about establishing priorities in how we utilize our gifts. One of those priorities is prayer. Do we take time out to be alone with God?

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~ GREAT NEWS ~



Our most popular Faith Formation Series is Back !!

Join us for another inspiring year!

Thank you to everyone who participated in our Adult Faith Formation series over the past year. We were truly delighted by your presence and participation at each of the faith formation evenings. For the 2026 - 2027 year, we have scheduled 9 Monday evening sessions, held throughout the year from September to June. Our commitment to strengthening our ministries, enriching parish life, and responding to the needs of our community remains at the heart of these gatherings.

We are pleased to invite you to our 1st session, which will be held on Monday, Sep 14 at 7pm in the hall. We look forward to another year of learning, sharing, growing and journeying together in faith.

First Two Sessions At A Glance:

DATE	TOPIC	GUEST SPEAKER
SEPTEMBER 14	GRIEF	IVY CLARK
OCTOBER 19	WOMEN IN BIBLE	FR. NICK MEISL



Registration not required.

Stay tuned for the schedule of our Nine Faith Formation Evenings.





A BIG SHOUT-OUT to everyone who donated toiletries for the Sakura So Shelter Home!
Thank You for making a difference in the lives of those in need.

NEWS & NOTICES

❖ **SANDWICH-MAKING OUTREACH FOR THE NEEDY IN THE DOWNTOWN EASTSIDE:** We are looking for volunteers to help make this mission possible: Sundays in August from 10-11am in the church kitchen. If you can help please sign up with this link: https://www.signupgenius.com/go/8050B4BAFAA2DA1FB6-64468493-sandwichmaking#/ Thank You.

ARCHDIOCESAN EVENTS

❖ **PILGRIMAGE TO THE OUR LADY OF LOURDES** St. Joseph's Parish, Mission, invites you to the historic Fraser River Heritage Park on August 15 to celebrate the Holy Eucharist in honour of Our Lady at 1:00pm. The principal celebrant will be Archbishop Smith. After the Mass, there will be a procession to the grotto where the rosary will be prayed, followed by Benediction of the Most Blessed Sacrament. All are welcome! For info: beholdvancouver.org

❖ **MOMENTUM - SINGLE MOTHERS SUMMER PICNIC** All Catholic single mothers are invited to join Momentum for their Vancouver Area Summer Picnic. Come enjoy an afternoon of friendship, faith, and fun with other single mothers and their children. Lunch will be provided. At Central Park in Burnaby. August 15 at 11:00 a.m. Learn more and register at beholdvancouver.org



CATECHISM CLASS FOR CHILDREN NOT IN CATHOLIC SCHOOL (PREP)

If your child is in Grade K-7 (or beyond G.7 if they are not yet Confirmed) who does not attend Catholic school, consider joining PREP (Parish Religious Education Program) for sacramental preparation: First Reconciliation, First Communion and Confirmation. Classes will be held on Tuesday evenings from 6:30pm - 7:30pm, beginning in Sep 2026. Please visit <https://olphchurch.ca/join/prep/> to register or email prep.olph@gmail.com for more info.



ARE YOU THINKING ABOUT BECOMING CATHOLIC ?

Whether you are considering becoming Catholic or simply want to learn more about the Catholic faith and the teachings of Jesus Christ, we welcome you on this journey of faith and conversion. RCIA (Rite of Christian Initiation of Adults) will be held on Tuesday evenings from 6:30 - 8:00pm, beginning in Sep 2026. Please visit <https://olphchurch.ca/join/become-catholic/> for more information.

MASSES & SERVICES

Saturday Anticipated Mass: 5pm
Sunday Masses: 9am, 11am, 5pm

Daily Mass : Mon – Fri 8:00am
Thurs OLPH Novena: After 8am Mass

Sat & Holidays: 9:00am Mass
Sat Adoration: 9:30am – 10:00am

Reconciliation: Sat 4:00pm – 4:45pm
Or by appointment: 604-224-4344

OFFICE HOURS

Monday-Friday 9:30am - 4:00pm
Stat Holiday, Sat & Sun: Closed

Pastor: Fr. Leo English, CSsR
Parochial Vicar: Fr. Alfredo Medina Ramos, CSsR

CONTACT

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