

September 13, 2026 ❖ 24th Sunday in Ordinary Time



Sep 2026 - June 2027



STAY TUNED
for the schedule of all 9 sessions

DATE	TOPIC	GUEST SPEAKER
SEP 14	GRIEF	IVY CLARK
OCT 19	WOMEN IN BIBLE	FR. NICK MEISL

Our First Session will feature **Ivy Clark**,
a trained grief-informed Spiritual Director, as our guest speaker.

TOPIC: GRIEF ~ *Walking with God through Grief...*

*Monday, September 14
at 7:00pm in the Parish Hall*

The session on **Grief** is an insightful and meaningful experience that help us understand the emotional impact of loss. Grief is a natural process and that everyone experiences it differently. The session highlights the importance of acknowledging our feelings instead of suppressing them. We will discuss the different stages and expressions of grief, including sadness, anger, confusion, and acceptance. Healing takes time and that it is important to be patient and compassionate with ourselves and others who are grieving. Together, we will reflect on finding hope, comfort, and strength through faith.



Registration is not required.
We kindly ask that you
bring along a non-perishable
food item for food bank.
Thank You!



BabyGoRound ❖ **BABY GEAR DRIVE**
October 3 & 4 at All Masses





CATECHISM CLASS FOR CHILDREN (Parish Religious Education Program)

Our first class will begin on Tuesday, Sep 15 at 6:30pm in the Church. If your child is in Kindergarten through G.7 (or beyond G.7 if they are not yet Confirmed), consider joining our Parish Religious Education Program - it provides children an opportunity to grow in Catholic faith while preparing to receive the Sacraments of First Reconciliation, First Holy Communion and Confirmation. PREP Classes are held on Tuesday evenings from 6:30pm - 7:30pm. To register or to get more information about PREP, please visit <https://olphchurch.ca/join/prep/> or by email to prep.olph@gmail.com



ARE YOU THINKING ABOUT BECOMING CATHOLIC ?

RCIA has already started on Sep 1. Whether you are considering becoming Catholic or simply want to learn more about the Catholic faith and the teachings of Jesus Christ, we welcome you on this journey of faith and conversion. RCIA (Rite of Christian Initiation of Adults) will be held on Tuesday evenings from 6:30pm - 8:00pm in the parish hall. Please visit <https://olphchurch.ca/join/become-catholic/> for more information.

Please Note: Registration Deadline - September 15

SAVE THE DATE For Our Upcoming Fall Events

THIS COMING MONDAY September 14	Faith Formation Series #1, 7:00pm in the parish hall Grief Presentation - by Ivy Clark
Sunday, September 20	OLPH School Staff Commissioning Mass at 11:00am
Saturday, September 26	Harvest Fair - School Gym
Monday, October 12	Thanksgiving Day - Mass at 9:00am
Monday, October 19	Faith Formation Series #2, 7:00pm in the parish hall Women in Scripture - by Fr. Nick Meisl
Wednesday, October 28	First Reconciliation Meeting on Zoom
Monday, November 2	Mass of Remembrance at 7:00pm
Thursday, November 5	Archbishop's Dinner at Hyatt Regency
Saturday, November 14	St. Mark's College Breakfast Fundraiser
Saturday, November 14	CWL Christmas Fair
Saturday, November 14	Sancta Maria House Fundraiser - Performer Clifton Murray
Saturday, December 5	Sacrament of First Reconciliation



FAMILY PHOTO REQUEST

School Families Only - Category ONE

To help us get to know you and your family better, we kindly invite you to share a family photo with us. Please note that this is completely **VOLUNTARY**, and not mandatory. If you would like to participate, please send your family photo to:

familyphotos.olph@rcav.org

Kindly identify the people in the photo, and let us know your children's grade(s). Your family photo will be kept confidential and will be used only for filing purposes. Thank you for your cooperation and for helping us get to know your family better.

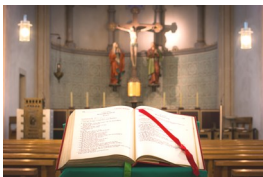


THE FIFTEENTH ANNUAL

ARCHBISHOP'S DINNER

ARCHBISHOP'S DINNER 2026 COME JOIN US AT OUR OLPH TABLES!

The faithful of the Archdiocese of Vancouver are invited to attend the 15th annual Archbishop's Dinner on **Thurs, Nov 5, 2026**. Fr. Leo, Fr. Alfredo and Fr. Mark would love to have your presence at our tables! This year's Dinner will raise funds for local Catholic initiatives that promote mental wellness, strengthen our parishes, and support those who serve on the front lines of care. Each ticket is \$200. **If you are interested in joining us, please contact the Parish Office (604)224-4344.** Learn more at rcav.org/dinner2026



HOW CAN WE ENCOUNTER GOD'S WORD MORE DEEPLY AT MASS

We encourage you to take a moment to read and reflect on this week's bulletin insert - *How Can We Hear and Appreciate the Readings at Mass More Deeply?* As we listen to God's Word proclaimed at Mass, may His words speak to our hearts, minds, and souls, drawing us into a deeper encounter with Him and enriching our faith.

PILGRIMAGE TO A DESIGNATED FRANCISCAN HOLY SIGHT

Come join us after the 11:00 am Mass on Sep 27 as we begin our pilgrimage to Immaculate Conception Church on Dunbar. You're welcome to walk with us or simply meet us at the site. Fr. Paul, Pastor of the parish, will offer a blessing to all participants. Registration is not required. Simply meet the group after Mass in the church and join us for this special pilgrimage. Please call the parish office for details.



COLUMBUS RESIDENCE CIRCLE OF CARE GALA 2026

Please come and celebrate with us at the 2026 Circle of Care Reach for the Stars Gala in support of the elevator upgrade fund for Columbus Residence on Oct 17, 2026 at the Executive Suites in Burnaby. Our elevators have served us for 36 years and are more than due for an upgrade. They are vital for the day-to-day lives of our many physically challenged residents getting them down for communal meals, visitors, entertainment and to exit the facility for appointments and more. Each Ticket: \$160 / Tables of 10: \$1500 - Donations always welcome. Contact Meg Knowing mknowling@outlook.com for more information.



JUBILEE YEAR OF
SAINT
FRANCIS
1226-2026



**CELEBRATE
THE JUBILEE
BY GOING ON
LOCAL
PILGRIMAGE**

PROJECT ADVANCE CAMPAIGN IS NOW UNDERWAY AT OLPH

DONATE TODAY

When you support Project Advance, you turn hope into action. In addition to supporting important Archdiocesan initiatives, a portion of the funds raised will remain in our parish and be directed toward the renovation of our church sanctuary and other interior improvements. Donations can be made in person at the parish office, drop off in the Sunday collection baskets, or visit projectadvance.ca to give online. Thank you for your support!





MASSSES & SERVICES

Saturday Anticipated Mass: 5pm

Sunday Masses: 9am, 11am, 5pm

Daily Mass :

Mon – Fri 8am

Thurs OLPH Novena: After 8am Mass

Sat & Holidays: 9am Mass

Sat Adoration: 9:30am – 10am

Reconciliation: Sat 4pm – 4:45pm

Or by appointment: 604-224-4344

OFFICE HOURS

Monday-Friday 9:30am-4pm

Stat Holiday, Sat & Sun: Closed

CONTACT

Email: parish.olph@rcav.org

Website: www.olphchurch.ca

Our Lady of Perpetual Help Parish

2465 Crown Street, Vancouver, BC V6R 3V9

Parish Office: 604-224-4344

CLERGY & STAFF

Pastor

Fr. Leo English, CSsR

Parochial Vicar

Fr. Alfredo Medina Ramos, CSsR

In-Residence

Fr. Mark Miller, CSsR

Parish Secretary

Kathy Mok

Available Mon & Wed - Fri

Administrative Assistant

Carolina Demaria

Available Tue - Thurs

Bookkeeper

Corinna Siy

Contact email:

csiy.olph@rcav.org

OLPH School Principal

Deirdre O'Callaghan

Jr. Kindergarten Director

Maria Cortese

OLPH School

604-228-8811

Jr. Kindergarten:

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PARISH INFORMATION

Pastoral Council

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Finance Council

Kevin Chan

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Parish Education Committee

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Altar Guild

Adrienne O'Callaghan 604-376-4780

Altar Servers

Kate Carr 604-730-5640

Children's Liturgy

Kathy Mok

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Communion to the Sick

Mary Thompson 604-263-6008

Craft Group

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Development & Peace

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Eucharistic Ministry

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Friends of Liguori

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Hospitality Ministry

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Ministry of the Word

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Music Ministry

Raphael & Blanche Dela Luna

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PREP

Claudia Mok

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Project Advance

Fr. Alfredo Medina Ramos

amedinaramos@rcav.org

RCIA

Fr. Alfredo Medina Ramos

amedinaramos@rcav.org

Rosary Groups

30min before Mass & Fri at 1pm

Weddings

Bridget Bird 604-341-9180

**Please contact the parish at least 6 months ahead of your anticipated wedding date.*



Use this QR code to
visit our website,
Instagram or Facebook