

November 22, 2026

The feast of Christ the King always falls on the last Sunday of the church year - a new liturgical year begins next Sunday with the start of Advent. This feast is a fitting way to send us into Advent, the season of preparing our hearts to better recognize and receive God who comes to us in the person of Jesus.



November and December 2026

— Highlights OLPH Parish Family —

Sunday November 22nd	Solemnity of Christ the King
Saturday November 28th	10:00 am -11:00 am Nativity Set Show and Tell - Parish Hall
Sunday November 29th	First Sunday of Advent
Sunday November 29th	11:00 am Mass - Rite of Acceptance RCIA
Tuesday Dec 1st 9:40 am	St Patrick's School Confessions
Saturday December 5th	First Reconciliation
Saturday December 5th	7:00 pm Advent Concert
Sat/Sun December 5th & 6th	Sock Sunday
Sunday December 6th	Second Sunday of Advent
Tues/Wed December 8th & 9th	OLPH School Confessions
Tues December 8th 7:00 pm	Parish Education Committee mtg.
Thursday December 10th	10:30 am – 12:30 pm Little Flower Academy Confessions
Saturday December 12th	Advent Retreat 9:00 am -2:00 pm *"The Gift of Waiting"* *Before the Manger, There is a Journey.*
Sunday December 13th	Third Sunday of Advent
Monday December 14th	7:00 pm "Walking with anxiety: perspectives from faith and psychology" Adult Faith Lecture Fr Brian Duggan
Tuesday December 15th	8:30 am - 12:30 pm Vancouver College Confessions
Sunday December 20th	Fourth Sunday of Advent
Monday December 21st	7:00 pm Advent Reconciliation Service @OLPH

Please bring nonperishables to church.

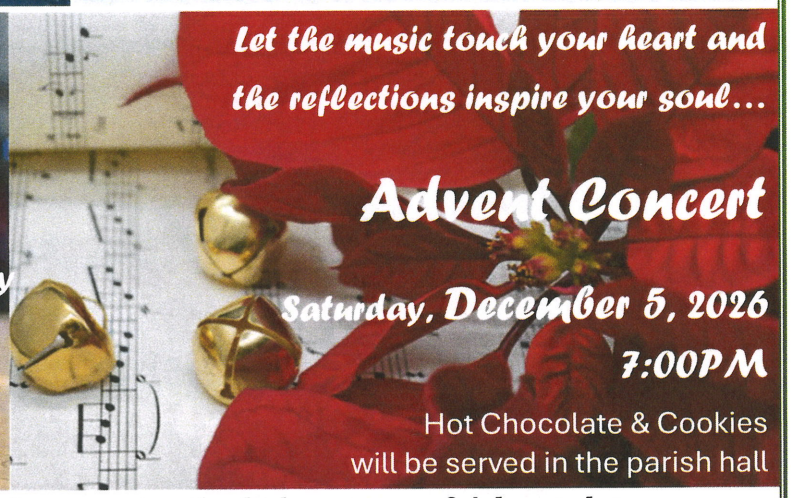


CELEBRATION OF NATIVITY ART

Do you have a Nativity Set at home that you would like to share with fellow parishioners?

❖ We warmly invite you to join us for our **Nativity Show & Tell.** Just bring your nativity set and arrange it on your table. You may also share the story or history behind your cherished nativity set. We look forward to seeing you!







As we enter the holy season of Advent, let us pause and prepare our hearts - simple, trusting and open - like the manger that welcomed the Infant Jesus. Join us for a time of reflection, prayer, and renewal as we discover the joy and wonder of welcoming Christ into our lives. Make room in our hearts to welcome Infant Jesus once again! We will begin with Mass at 9:00am, followed by Eucharistic Adoration until 10:00am. Retreat will start at 10:00am in the Parish Hall. Complimentary lunch included. ❖RSVP by Dec 8. Please call the Parish Office to register, or visit: https://www.signupgenius.com/go/8050B4BAFAA2DA1FB6-67581913-advent#/



With Deepest Sympathy

It is with deep sadness that we announce the passing of †Ms. Kristina Linadi, who peacefully entered eternal rest on the morning of Nov 15. She was a long-serving and dedicated teacher at OLPH school, who generously shared her love, care and time with many students. She was deeply cherished by her students, colleagues, and the wider school community. A woman of faith and devotion, Ms. Linadi carried a deep love for Christ in her heart, which shone through in the kindness, compassion, and warmth she shared with others.

A Funeral Mass for Ms. Linadi was celebrated this morning at Our Lady's. A Memorial Mass will be held on Wed, Nov 25 at 1:00pm, offering our parish and school communities an opportunity to come together in prayer and thanksgiving for her life. Let us keep her family, and all who mourn her passing in our thoughts and prayers.

COME AND SEE EVENING - THE REDEMPTORIST VOCATION



Have you ever wondered if God might be calling you to something more? Please come and join the Redemptorists for an evening of prayer, fellowship, conversation, and discernment as you explore the possibility of a vocation to religious life and priesthood.

November 26, 2026, from 5:00pm – 9:00pm in the Rectory

(*2465 Crown St, Vancouver*)

Meet the Redemptorists, share an evening meal, spend time in prayer & reflection, ask questions, and explore religious life and service as a Redemptorist. Whether you are actively discerning or simply curious, Come and See! Scan the QR code to register or contact Fr. Ivan vocations@redemptorists.ca



SOCK SUNDAY: December 5 & 6 – At All Masses

We invite you to help keep those in need warm this winter by donating NEW socks (men &/ women). Cash or credit card donations can also be made in the church foyer, and we will gladly purchase socks on your behalf. **Thank You!**



Walking With Anxiety ~ Perspectives from Faith and Psychology

Mental Health Awareness Talk on Monday, December 14

Join us for an informative and engaging talk on **Mental Health**, facilitated by Fr. Bryan Duggan, PsyD, on December 14 in the Parish Hall. Mental health is an important part of our overall well-being, and looking at it through the lens of faith reminds us that God cares not only about our spiritual lives but also about our emotional and mental well-being. All are welcome.

Smiles, Laughter & Christmas Cheer – Thank You, Everyone!

See You at Next Year's Christmas Fair!





MASSES & SERVICES

Saturday Anticipated Mass: 5pm
Sunday Masses: 9am, 11am, 5pm
Daily Mass :
Mon – Fri 8am
Thurs OLPH Novena: After 8am Mass
Sat & Holidays: 9am Mass
Sat Adoration: 9:30am – 10am
Reconciliation: Sat 4pm – 4:45pm
Or by appointment: 604-224-4344

OFFICE HOURS

Monday-Friday 9:30am-4pm
Stat Holiday, Sat & Sun: Closed

CONTACT

Email: parish.olph@rcav.org
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Our Lady of Perpetual Help Parish
2465 Crown Street, Vancouver, BC V6R 3V9
Parish Office: 604-224-4344

CLERGY & STAFF

Pastor
Fr. Leo English, CSsR
Parochial Vicar
Fr. Alfredo Medina Ramos, CSsR
In-Residence
Fr. Mark Miller, CSsR

Parish Secretary
Kathy Mok
Available Mon & Wed - Fri
Administrative Assistant
Carolina Demaria
Available Tue - Thurs
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PARISH INFORMATION

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Use this QR code to connect with us on Instagram/Facebook

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Rosary Groups
30min before Mass & Fri at 1pm
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**According to the policy of the Archdiocese, please contact the parish at least 6 months ahead of your anticipated wedding date.*